



2022 Survey of Disability, Ageing and Carers

What we learned about people
with psychosocial disability

Easy Read version



How to use this fact sheet



We are the Australian Bureau of Statistics (ABS).

We wrote this fact sheet.

Bold
Not bold

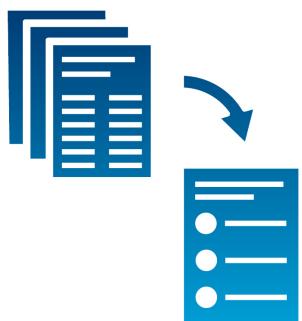
We wrote some words in **bold**.

We explain what these words mean.



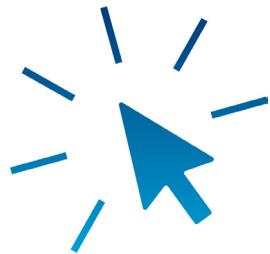
You can ask someone you trust for support to:

- read this fact sheet
- find more information.



This is an Easy Read summary of another fact sheet.

It only includes the most important ideas.



You can find the other fact sheet on our website.

www.abs.gov.au/articles/psychosocial-disability-australia-2022



We also wrote a plain language version of the other fact sheet.

You can find it on our website.

www.abs.gov.au/articles/psychosocial-disability-australia-2022/psychosocial-disability-in-australia-2022-key-findings-plain-language

About our survey



We ran a survey in 2022 called the Survey of Disability, Ageing and Carers.



It collected information about people with **psychosocial disability**.



Psychosocial disability is when someone's mental health makes it hard for them to take part in everyday activities.



Someone's mental health can affect how they:

- think
- feel
- behave.

For example, they might find it hard to:



- remember things



- deal with other people.

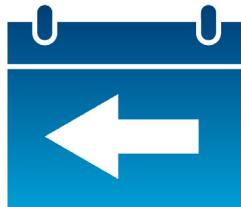
What we learned

The number of people with psychosocial disability



In 2022, we learned **over 6%** of people had psychosocial disability.

This is **1.7 million** people.



In 2018, this was **over 4%** of people.

This is **1.1 million** people.

In 2022, we learned:



- **over 6%** of males were people with psychosocial disability



- **over 6%** of females were people with psychosocial disability.

People who need extra support



In 2022, we learned **61%** of people with psychosocial disability needed support to:

- move
- communicate
- care for themselves.

↑85



In 2022, we learned more about people with psychosocial disability who were 85 years or older.



We learned **just over 96%** of people from this group needed support to:

- move
- communicate
- care for themselves.



In 2022, we also learned more about people with psychosocial disability who were under 15 years old.



We learned **over 80%** of people from this group needed support to:

- move
- communicate
- care for themselves.

People with other disabilities



In 2022, we learned **just over 87%** of people with psychosocial disability also had other disabilities.



We learned **just over 63%** of people from this group had a **physical disability**.

A physical disability affects how well someone can move their body.



We learned **just over 40%** of people from this group had a **learning and understanding disability**.



A learning and understanding disability can affect how you:

- learn new things
- remember things.

People in school



In 2022, we learned more about people with psychosocial disability who were:

- 15 years or older
- living in households.



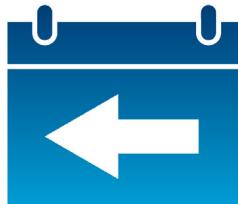
A private home could include:



- a house
- an apartment.



We learned **just under 60%** of people from this group had finished year 12.



In 2018, this was **just over 53%** of people.

People at work

15–64

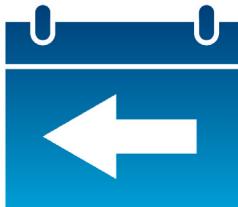


In 2022, we learned more about people with psychosocial disability who were:

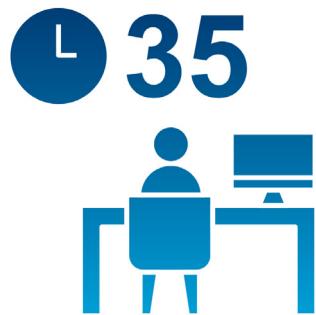
- 15 to 64 years old
- living in private homes.



We learned **39%** of people from this group had a job.

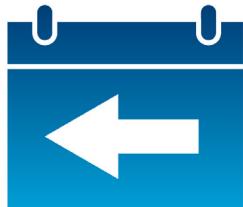


In 2018, this was **just under 26%** of people.



We also learned **18%** of people from this group had **full-time work**.

Full-time work is when you work at least 35 hours each week.



In 2018, this was **just under 11%** of people.

Word list

This list explains what the **bold** words in this document mean.



Learning and understanding disability

A learning disability affects how you:

- learn new things
- remember things.



Full-time work

Full-time work is when you work at least 35 hours each week.



Physical disability

A physical disability affects how well someone can move their body.

Psychosocial disability

Psychosocial disability is when someone's mental health makes it hard for them to take part in everyday activities.

Someone's mental health can affect how they:

- think
- feel
- behave.



Contact us



You can send us an email.

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You can call us.

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www.abs.gov.au