



WED 30 SEPT 1998

**Mental Health and Wellbeing
Profile of Adults
New South Wales**

1997

Product No. 4326.1.40.001

**TABLE 1. PERSONS: PREVALENCE OF DISORDERS(a)
NEW SOUTH WALES**

	<i>Males</i>		<i>Females</i>		<i>Persons</i>	
	'000	%	'000	%	'000	%
Physical conditions	844.8	37.4	984.5	42.2	1,829.3	39.8
Mental disorders						
Anxiety disorders —						
Panic disorder	* 8.7	* 0.4	48.9	2.1	57.6	1.3
Agoraphobia	* 14.1	* 0.6	36.3	1.6	50.5	1.1
Social phobia	61.9	2.7	83.5	3.6	145.4	3.2
Generalised anxiety disorder	52.9	2.3	84.4	3.6	137.3	3.0
Obsessive-compulsive disorder	* 8.3	* 0.4	* 10.9	* 0.5	19.2	0.4
Post-traumatic stress disorder	46.0	2.0	110.9	4.8	157.0	3.4
<i>Total anxiety disorders</i>	<i>158.4</i>	<i>7.0</i>	<i>297.6</i>	<i>12.8</i>	<i>456.0</i>	<i>9.9</i>
Affective disorders —						
Depression	71.8	3.2	149.3	6.4	221.1	4.8
Dysthymia	* 17.0	* 0.8	23.8	1.0	40.8	0.9
<i>Total affective disorders(b)</i>	<i>89.2</i>	<i>4.0</i>	<i>157.7</i>	<i>6.8</i>	<i>246.9</i>	<i>5.4</i>
Substance use disorders —						
Alcohol harmful use	90.2	4.0	43.6	1.9	133.8	2.9
Alcohol dependence	97.6	4.3	48.8	2.1	146.4	3.2
Drug use disorders(c)	64.7	2.9	39.1	1.7	103.9	2.3
<i>Total substance use disorders</i>	<i>234.4</i>	<i>10.4</i>	<i>117.7</i>	<i>5.0</i>	<i>352.1</i>	<i>7.7</i>
<i>Total mental disorders</i>	<i>381.7</i>	<i>16.9</i>	<i>418.3</i>	<i>17.9</i>	<i>800.0</i>	<i>17.4</i>
No mental disorder or physical condition	1,193.5	52.9	1,131.5	48.5	2,324.9	50.6
Total(d)	2,257.4	100.0	2,333.6	100.0	4,591.0	100.0

(a) During the twelve months prior to interview. (b) Includes other affective disorders such as mania, hypomania and bipolar affective disorder. (c) Includes harmful use and dependence. (d) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 2. PERSONS: PREVALENCE OF DISORDERS BY AGE(a)
NEW SOUTH WALES**

Per cent							
	Age group (years)						Total
	18-24	25-34	35-44	45-54	55-64	65 and over	
Males							
Physical conditions	21.1	20.1	20.2	45.4	58.6	75.7	37.4
Mental disorders							
Anxiety disorders	10.2	5.9	7.8	7.5	* 4.0	6.3	7.0
Affective disorders	* 2.1	4.4	6.1	5.2	* 3.1	**1.0	4.0
Substance use disorders	16.0	14.8	12.6	7.2	* 6.6	* 2.5	10.4
<i>Total mental disorders</i>	23.6	19.6	20.4	14.8	11.6	8.5	16.9
No mental disorder or physical condition	63.8	66.1	65.0	47.5	38.6	24.0	52.9
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	305.7	475.8	476.7	402.3	269.4	327.4	2,257.4
Females							
Physical conditions	19.7	18.9	29.7	45.7	63.3	83.5	42.2
Mental disorders							
Anxiety disorders	17.5	12.3	17.1	17.1	* 6.4	4.7	12.8
Affective disorders	9.2	6.6	8.6	8.7	* 4.1	* 2.9	6.8
Substance use disorders	12.2	7.5	5.2	* 4.2	—	—	5.0
<i>Total mental disorders</i>	27.7	20.2	22.1	20.6	9.5	6.2	17.9
No mental disorder or physical condition	56.9	67.6	58.7	48.3	35.6	16.4	48.5
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	299.6	482.0	480.1	393.8	268.5	409.6	2,333.6
Persons							
Physical conditions	20.4	19.5	24.9	45.5	61.0	80.0	39.8
Mental disorders							
Anxiety disorders	13.8	9.1	12.5	12.2	5.2	5.4	9.9
Affective disorders	5.6	5.5	7.4	6.9	3.6	* 2.1	5.4
Substance use disorders	14.1	11.1	8.8	5.7	3.7	* 1.4	7.7
<i>Total mental disorders</i>	25.6	19.9	21.2	17.7	10.6	7.3	17.4
No mental disorder or physical condition	60.4	66.9	61.8	47.9	37.1	19.8	50.6
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	605.3	957.8	956.9	796.1	537.9	737.0	4,591.0

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 3. PERSONS: PREVALENCE OF DISORDERS(a) BY NUMBER OF PERSONS IN HOUSEHOLD
NEW SOUTH WALES**

	Per cent					<i>Total</i>
	<i>Number of persons in household</i>					
	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5 or more</i>	
Males						
Physical conditions	47.9	46.4	31.4	28.9	32.1	37.4
Mental disorders						
Anxiety disorders	* 8.0	7.5	6.5	7.2	5.9	7.0
Affective disorders	* 7.1	4.6	* 3.8	* 2.9	* 2.4	4.0
Substance use disorders	12.3	10.1	10.2	10.7	9.7	10.4
<i>Total mental disorders</i>	<i>18.9</i>	<i>16.5</i>	<i>17.3</i>	<i>17.8</i>	<i>15.1</i>	<i>16.9</i>
No mental disorder or physical condition	43.1	45.4	54.4	60.4	61.0	52.9
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	219.5	731.3	413.7	491.7	401.2	2,257.4
Females						
Physical conditions	71.0	51.7	34.7	28.4	27.0	42.2
Mental disorders						
Anxiety disorders	9.9	10.7	13.8	15.0	15.0	12.8
Affective disorders	8.0	6.0	8.1	6.8	5.5	6.8
Substance use disorders	* 5.1	5.2	4.7	4.4	5.9	5.0
<i>Total mental disorders</i>	<i>15.6</i>	<i>14.9</i>	<i>19.8</i>	<i>20.3</i>	<i>20.4</i>	<i>17.9</i>
No mental disorder or physical condition	23.8	42.6	53.7	59.5	59.5	48.5
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	284.2	752.3	487.0	453.1	357.1	2,333.6
Persons						
Physical conditions	61.0	49.1	33.2	28.6	29.7	39.8
Mental disorders						
Anxiety disorders	9.1	9.1	10.5	10.9	10.2	9.9
Affective disorders	7.6	5.3	6.1	4.7	3.9	5.4
Substance use disorders	8.2	7.6	7.2	7.7	7.9	7.7
<i>Total mental disorders</i>	<i>17.1</i>	<i>15.7</i>	<i>18.7</i>	<i>19.0</i>	<i>17.6</i>	<i>17.4</i>
No mental disorder or physical condition	32.2	44.0	54.0	60.0	60.3	50.6
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	503.7	1,483.5	900.7	944.8	758.3	4,591.0

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 4. PERSONS: PREVALENCE OF DISORDERS(a) BY MARITAL STATUS
NEW SOUTH WALES**

Per cent					
	<i>Married(b)</i>	<i>Separated/divorced</i>	<i>Widowed</i>	<i>Never married</i>	<i>Total</i>
Males					
Physical conditions	40.2	42.9	77.6	24.4	37.4
Mental disorders					
Anxiety disorders	6.2	* 11.0	* 17.6	7.1	7.0
Affective disorders	3.5	* 9.2	—	3.9	4.0
Substance use disorders	7.6	19.1	—	16.5	10.4
<i>Total mental disorders</i>	<i>14.2</i>	<i>27.7</i>	<i>* 17.6</i>	<i>21.3</i>	<i>16.9</i>
No mental disorder or physical condition	51.9	42.5	* 20.8	61.5	52.9
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,496.4	149.3	57.0	554.7	2,257.4
Females					
Physical conditions	42.0	45.4	82.9	22.9	42.2
Mental disorders					
Anxiety disorders	11.8	21.7	* 3.6	15.3	12.8
Affective disorders	5.1	14.2	* 3.3	9.7	6.8
Substance use disorders	3.2	8.3	—	11.4	5.0
<i>Total mental disorders</i>	<i>15.4</i>	<i>29.9</i>	<i>* 6.1</i>	<i>25.0</i>	<i>17.9</i>
No mental disorder or physical condition	50.7	43.3	16.8	58.1	48.5
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,456.1	238.8	197.4	441.3	2,333.6
Persons					
Physical conditions	41.1	44.5	81.7	23.7	39.8
Mental disorders					
Anxiety disorders	8.9	17.6	* 6.7	10.7	9.9
Affective disorders	4.3	12.3	* 2.9	6.5	5.4
Substance use disorders	5.4	12.4	—	14.2	7.7
<i>Total mental disorders</i>	<i>14.8</i>	<i>29.0</i>	<i>8.6</i>	<i>22.9</i>	<i>17.4</i>
No mental disorder or physical condition	51.3	43.0	17.7	60.0	50.6
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	2,952.5	388.1	254.4	996.0	4,591.0

(a) During the twelve months prior to interview. (b) Includes de facto. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 5. PERSONS: PREVALENCE OF DISORDERS(a) BY LABOUR FORCE STATUS
NEW SOUTH WALES**

Per cent					
	<i>Employed</i>		<i>Unemployed</i>	<i>Not in the labour force</i>	<i>Total</i>
	<i>Full-time</i>	<i>Part-time</i>			
Males					
Physical conditions	26.4	32.3	28.0	67.5	37.4
Mental disorders					
Anxiety disorders	6.1	* 6.2	17.0	7.4	7.0
Affective disorders	3.7	* 3.7	* 10.6	* 3.2	4.0
Substance use disorders	10.1	11.5	34.6	5.7	10.4
<i>Total mental disorders</i>	<i>16.2</i>	<i>16.0</i>	<i>46.5</i>	<i>12.9</i>	<i>16.9</i>
No mental disorder or physical condition	63.1	60.3	36.3	29.3	52.9
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,351.0	218.1	118.3	569.9	2,257.4
Females					
Physical conditions	29.0	31.2	* 21.5	59.1	42.2
Mental disorders					
Anxiety disorders	9.2	14.4	28.4	12.8	12.8
Affective disorders	4.8	8.2	* 13.9	6.6	6.8
Substance use disorders	5.1	5.3	* 18.3	3.7	5.0
<i>Total mental disorders</i>	<i>14.0</i>	<i>20.7</i>	<i>40.4</i>	<i>17.0</i>	<i>17.9</i>
No mental disorder or physical condition	62.9	56.6	50.7	34.0	48.5
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	655.5	594.7	84.0	999.3	2,333.6
Persons					
Physical conditions	27.3	31.5	25.3	62.1	39.8
Mental disorders					
Anxiety disorders	7.1	12.2	21.7	10.8	9.9
Affective disorders	4.1	7.0	12.0	5.4	5.4
Substance use disorders	8.4	7.0	27.8	4.4	7.7
<i>Total mental disorders</i>	<i>15.5</i>	<i>19.4</i>	<i>43.9</i>	<i>15.5</i>	<i>17.4</i>
No mental disorder or physical condition	63.0	57.6	42.3	32.3	50.6
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	2,006.5	812.9	202.4	1,569.2	4,591.0

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 6. PERSONS: PREVALENCE OF DISORDERS(a) BY HIGHEST EDUCATIONAL QUALIFICATION
NEW SOUTH WALES**

Per cent				
	<i>Post-school qualification</i>	<i>Completed secondary school only</i>	<i>Did not complete secondary school</i>	<i>Total(b)</i>
Males				
Physical conditions	35.3	31.3	45.9	37.4
Mental disorders				
Anxiety disorders	6.4	9.4	7.1	7.0
Affective disorders	3.6	* 3.0	5.2	4.0
Substance use disorders	8.4	12.0	13.7	10.4
<i>Total mental disorders</i>	<i>14.5</i>	<i>20.1</i>	<i>20.3</i>	<i>16.9</i>
No mental disorder or physical condition	56.4	54.4	44.1	52.9
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	1,264.9	363.9	616.3	2,257.4
Females				
Physical conditions	35.3	31.9	55.9	42.2
Mental disorders				
Anxiety disorders	12.6	15.0	11.9	12.8
Affective disorders	6.0	8.4	7.1	6.8
Substance use disorders	4.9	6.9	4.1	5.0
<i>Total mental disorders</i>	<i>16.8</i>	<i>22.0</i>	<i>17.2</i>	<i>17.9</i>
No mental disorder or physical condition	56.4	51.1	37.3	48.5
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	1,085.0	386.4	849.5	2,333.6
Persons				
Physical conditions	35.3	31.6	51.7	39.8
Mental disorders				
Anxiety disorders	9.3	12.2	9.9	9.9
Affective disorders	4.7	5.8	6.3	5.4
Substance use disorders	6.8	9.4	8.1	7.7
<i>Total mental disorders</i>	<i>15.6</i>	<i>21.1</i>	<i>18.5</i>	<i>17.4</i>
No mental disorder or physical condition	56.4	52.7	40.2	50.6
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	2,349.9	750.2	1,465.9	4,591.0

(a) During the twelve months prior to interview. (b) Includes persons aged 18 to 20 years who are still at school and persons whose qualifications were inadequately described. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 7. PERSONS: PREVALENCE OF DISORDERS(a) BY COUNTRY OF BIRTH(b)
NEW SOUTH WALES**

Per cent				
	<i>Born outside Australia</i>			<i>Total</i>
	<i>Born in Australia</i>	<i>Main English-speaking country</i>	<i>Other country</i>	
Males				
Physical conditions	38.4	31.4	36.8	37.4
Mental disorders				
Anxiety disorders	7.7	* 4.8	5.6	7.0
Affective disorders	4.8	—	* 2.6	4.0
Substance use disorders	11.2	14.9	4.9	10.4
<i>Total mental disorders</i>	<i>18.4</i>	<i>19.7</i>	<i>10.1</i>	<i>16.9</i>
No mental disorder or physical condition	51.0	58.0	57.0	52.9
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	1,599.2	223.9	434.3	2,257.4
Females				
Physical conditions	43.2	47.7	32.8	42.2
Mental disorders				
Anxiety disorders	13.2	10.9	11.4	12.8
Affective disorders	7.0	* 4.5	7.2	6.8
Substance use disorders	5.6	* 6.1	**1.2	5.0
<i>Total mental disorders</i>	<i>18.4</i>	<i>17.1</i>	<i>15.7</i>	<i>17.9</i>
No mental disorder or physical condition	47.2	43.7	58.8	48.5
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	1,776.3	226.7	330.7	2,333.6
Persons				
Physical conditions	40.9	39.6	35.1	39.8
Mental disorders				
Anxiety disorders	10.6	7.9	8.1	9.9
Affective disorders	5.9	* 2.6	4.6	5.4
Substance use disorders	8.3	10.4	3.3	7.7
<i>Total mental disorders</i>	<i>18.4</i>	<i>18.4</i>	<i>12.5</i>	<i>17.4</i>
No mental disorder or physical condition	49.0	50.8	57.8	50.6
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	3,375.4	450.5	765.0	4,591.0

(a) During the twelve months prior to interview. (b) See glossary. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 8. PERSONS: PREVALENCE OF DISORDERS(a) BY GEOGRAPHIC AREA
NEW SOUTH WALES**

Per cent			
	<i>Capital city</i>	<i>Rest of state</i>	<i>Total</i>
Males			
Physical conditions	35.4	40.9	37.4
Mental disorders			
Anxiety disorders	7.0	7.1	7.0
Affective disorders	3.8	4.3	4.0
Substance use disorders	11.6	8.3	10.4
<i>Total mental disorders</i>	<i>17.6</i>	<i>15.8</i>	<i>16.9</i>
No mental disorder or physical condition	54.5	50.0	52.9
Total(b)	100.0	100.0	100.0
Total persons ('000)	1,429.8	827.6	2,257.4
Females			
Physical conditions	39.8	46.4	42.2
Mental disorders			
Anxiety disorders	11.4	15.1	12.8
Affective disorders	6.7	6.8	6.8
Substance use disorders	4.9	5.2	5.0
<i>Total mental disorders</i>	<i>17.5</i>	<i>18.8</i>	<i>17.9</i>
No mental disorder or physical condition	50.5	45.0	48.5
Total(b)	100.0	100.0	100.0
Total persons ('000)	1,485.5	848.1	2,333.6
Persons			
Physical conditions	37.6	43.7	39.8
Mental disorders			
Anxiety disorders	9.2	11.1	9.9
Affective disorders	5.3	5.6	5.4
Substance use disorders	8.2	6.8	7.7
<i>Total mental disorders</i>	<i>17.5</i>	<i>17.3</i>	<i>17.4</i>
No mental disorder or physical condition	52.5	47.5	50.6
Total(b)	100.0	100.0	100.0
Total persons ('000)	2,915.2	1,675.8	4,591.0

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

TABLE 9. PERSONS: COMORBIDITY OF DISORDERS(a)
NEW SOUTH WALES

	<i>Males</i>		<i>Females</i>		<i>Persons</i>	
	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>
Physical conditions only	682.2	30.2	783.9	33.6	1,466.1	31.9
Mental disorders only—						
Anxiety and/or affective only	77.5	3.4	151.1	6.5	228.7	5.0
Substance use only	110.6	4.9	41.3	1.8	152.0	3.3
Substance use with anxiety and/or affective	30.9	1.4	25.2	1.1	56.1	1.2
<i>Total mental disorders only</i>	<i>219.1</i>	<i>9.7</i>	<i>217.7</i>	<i>9.3</i>	<i>436.8</i>	<i>9.5</i>
Mental disorders and physical conditions—						
Anxiety and/or affective only with physical	69.8	3.1	149.4	6.4	219.1	4.8
Substance use only with physical	57.2	2.5	* 13.5	* 0.6	70.7	1.5
Substance use with anxiety and/or affective and physical	35.7	1.6	37.7	1.6	73.4	1.6
<i>Total mental disorders and physical conditions</i>	<i>162.6</i>	<i>7.2</i>	<i>200.6</i>	<i>8.6</i>	<i>363.2</i>	<i>7.9</i>
<i>Total mental disorders</i>	<i>381.7</i>	<i>16.9</i>	<i>418.3</i>	<i>17.9</i>	<i>800.0</i>	<i>17.4</i>
<i>Total mental disorders or physical conditions</i>	<i>1,063.9</i>	<i>47.1</i>	<i>1,202.2</i>	<i>51.5</i>	<i>2,266.1</i>	<i>49.4</i>
No mental disorder or physical condition	1,193.5	52.9	1,131.5	48.5	2,324.9	50.6
Total	2,257.4	100.0	2,333.6	100.0	4,591.0	100.0

(a) During the twelve months prior to interview.

**TABLE 10. PERSONS: COMORBIDITY OF DISORDERS(a) BY AGE
NEW SOUTH WALES**

	Per cent				
	<i>Age group (years)</i>				
	<i>18-24</i>	<i>18-34</i>	<i>35-54</i>	<i>55 and over</i>	<i>Total</i>
Males					
Physical conditions only	12.6	13.6	25.2	59.5	30.2
Mental disorders only—					
Anxiety and/or affective only	* 5.8	4.2	4.6	**0.7	3.4
Substance use only	6.7	7.6	5.3	—	4.9
Substance use with anxiety and/or affective	* 2.6	* 2.4	* 1.4	—	1.4
<i>Total mental disorders only</i>	<i>15.0</i>	<i>14.2</i>	<i>11.3</i>	<i>* 1.4</i>	<i>9.7</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	—	* 1.6	3.2	4.9	3.1
Substance use only with physical	* 4.6	3.4	* 1.7	* 2.5	2.5
Substance use with anxiety and/or affective and physical	* 2.1	* 1.9	* 1.6	* 1.1	1.6
<i>Total mental disorders and physical conditions</i>	<i>8.6</i>	<i>6.9</i>	<i>6.5</i>	<i>8.5</i>	<i>7.2</i>
<i>Total mental disorders</i>	<i>23.6</i>	<i>21.2</i>	<i>17.9</i>	<i>9.9</i>	<i>16.9</i>
<i>Total mental disorders or physical conditions</i>	<i>36.2</i>	<i>34.8</i>	<i>43.0</i>	<i>69.4</i>	<i>47.1</i>
No mental disorder or physical condition	63.8	65.2	57.0	30.6	52.9
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	305.7	781.5	879.0	596.9	2,257.4
Females					
Physical conditions only	15.5	13.4	24.6	68.4	33.6
Mental disorders only—					
Anxiety and/or affective only	13.8	10.7	7.4	**0.5	6.5
Substance use only	6.6	4.7	* 0.6	—	1.8
Substance use with anxiety and/or affective	* 3.0	* 2.0	* 1.1	—	1.1
<i>Total mental disorders only</i>	<i>23.4</i>	<i>17.3</i>	<i>9.1</i>	<i>**0.5</i>	<i>9.3</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	* 1.7	3.1	9.3	6.5	6.4
Substance use only with physical	—	* 0.6	* 0.8	—	* 0.6
Substance use with anxiety and/or affective and physical	* 2.6	* 2.1	2.3	—	1.6
<i>Total mental disorders and physical conditions</i>	<i>* 4.3</i>	<i>5.8</i>	<i>12.3</i>	<i>7.1</i>	<i>8.6</i>
<i>Total mental disorders</i>	<i>27.7</i>	<i>23.1</i>	<i>21.4</i>	<i>7.6</i>	<i>17.9</i>
<i>Total mental disorders or physical conditions</i>	<i>43.1</i>	<i>36.5</i>	<i>46.0</i>	<i>76.0</i>	<i>51.5</i>
No mental disorder or physical condition	56.9	63.5	54.0	24.0	48.5
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	299.6	781.6	873.9	678.1	2,333.6

TABLE 10. PERSONS: COMORBIDITY OF DISORDERS(a) BY AGE
NEW SOUTH WALES—continued

	Per cent				
	<i>Age group (years)</i>				
	<i>18-24</i>	<i>18-34</i>	<i>35-54</i>	<i>55 and over</i>	<i>Total</i>
	Persons				
Physical conditions only	14.0	13.5	24.9	64.2	31.9
Mental disorders only—					
Anxiety and/or affective only	9.7	7.5	6.0	* 0.6	5.0
Substance use only	6.6	6.1	2.9	—	3.3
Substance use with anxiety and/or affective	* 2.8	2.2	1.3	—	1.2
<i>Total mental disorders only</i>	<i>19.2</i>	<i>15.8</i>	<i>10.2</i>	<i>* 0.9</i>	<i>9.5</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	* 1.7	2.4	6.2	5.8	4.8
Substance use only with physical	* 2.3	2.0	1.3	* 1.3	1.5
Substance use with anxiety and/or affective and physical	* 2.4	2.0	1.9	* 0.7	1.6
<i>Total mental disorders and physical conditions</i>	<i>6.4</i>	<i>6.4</i>	<i>9.4</i>	<i>7.7</i>	<i>7.9</i>
<i>Total mental disorders</i>	<i>25.6</i>	<i>22.1</i>	<i>19.6</i>	<i>8.7</i>	<i>17.4</i>
<i>Total mental disorders or physical conditions</i>	<i>39.6</i>	<i>35.6</i>	<i>44.5</i>	<i>72.9</i>	<i>49.4</i>
No mental disorder or physical condition	60.4	64.4	55.5	27.1	50.6
Total	100.0	100.0	100.0	100.0	100.0
Total persons (*000)	605.3	1,563.1	1,753.0	1,274.9	4,591.0

(a) During the twelve months prior to interview.

**TABLE 11. AVERAGE DAYS OUT OF ROLE(a) BY COMORBIDITY OF DISORDERS(b)
NEW SOUTH WALES**

	<i>Males</i>	<i>Females</i>	<i>Persons</i>
Physical conditions only	2.8	2.6	2.7
Mental disorders only—			
Anxiety and/or affective only	1.5	2.2	2.0
Substance use only	1.6	0.6	1.4
Substance use with anxiety and/or affective	5.3	3.7	4.6
<i>Total mental disorders only</i>	<i>2.1</i>	<i>2.1</i>	<i>2.1</i>
Mental disorders and physical conditions—			
Anxiety and/or affective only with physical	5.1	4.3	4.6
Substance use only with physical	1.6	* 1.4	1.5
Substance use with anxiety and/or affective and physical	5.4	5.9	5.7
<i>Total mental disorders and physical conditions</i>	<i>3.9</i>	<i>4.4</i>	<i>4.2</i>
<i>Total mental disorders</i>	<i>2.9</i>	<i>3.2</i>	<i>3.0</i>
<i>Total mental disorders or physical conditions</i>	<i>2.8</i>	<i>2.8</i>	<i>2.8</i>
No mental disorder or physical condition	1.0	0.9	0.9
Total	1.8	1.9	1.9

(a) During the four weeks prior to interview. See glossary. (b) During the twelve months prior to interview.

**TABLE 12. PERSONS: COMORBIDITY OF DISORDERS(a) BY DISABILITY STATUS(b)
NEW SOUTH WALES**

Per cent						
	<i>Disability status</i>				<i>Total</i>	<i>Total persons ('000)</i>
	<i>None</i>	<i>Mild</i>	<i>Moderate</i>	<i>Severe</i>		
Males						
Physical conditions only	46.9	20.1	22.3	10.8	100.0	682.2
Mental disorders—						
Total mental disorders only	77.9	9.7	10.3	* 2.1	100.0	219.1
Total mental disorders and physical conditions	44.2	15.4	22.3	18.1	100.0	162.6
Anxiety and/or affective disorders	51.0	15.0	20.5	13.6	100.0	213.9
Substance use disorders	69.8	11.3	11.9	* 7.1	100.0	234.4
Total mental disorders	63.5	12.2	15.4	8.9	100.0	381.7
Total mental disorders or physical conditions	52.9	17.2	19.8	10.1	100.0	1,063.9
No mental disorder or physical condition	82.0	8.5	6.9	2.6	100.0	1,193.5
Total	68.3	12.6	13.0	6.2	100.0	2,257.4
Females						
Physical conditions only	40.5	19.0	27.5	13.1	100.0	783.9
Mental disorders—						
Total mental disorders only	70.1	14.6	9.7	* 5.6	100.0	217.7
Total mental disorders and physical conditions	24.6	21.9	33.3	20.3	100.0	200.6
Anxiety and/or affective disorders	45.2	17.5	22.8	14.5	100.0	363.4
Substance use disorders	55.4	23.9	* 12.5	* 8.1	100.0	117.7
Total mental disorders	48.3	18.1	21.0	12.6	100.0	418.3
Total mental disorders or physical conditions	43.2	18.7	25.2	12.9	100.0	1,202.2
No mental disorder or physical condition	80.9	11.8	6.0	* 1.2	100.0	1,131.5
Total	61.5	15.3	15.9	7.3	100.0	2,333.6
Persons						
Physical conditions only	43.5	19.5	25.0	12.0	100.0	1,466.1
Mental disorders—						
Total mental disorders only	74.0	12.1	10.0	* 3.8	100.0	436.8
Total mental disorders and physical conditions	33.4	19.0	28.4	19.3	100.0	363.2
Anxiety and/or affective disorders	47.3	16.6	21.9	14.2	100.0	577.3
Substance use disorders	65.0	15.5	12.1	7.4	100.0	352.1
Total mental disorders	55.6	15.2	18.3	10.8	100.0	800.0
Total mental disorders or physical conditions	47.7	18.0	22.7	11.6	100.0	2,266.1
No mental disorder or physical condition	81.5	10.1	6.5	2.0	100.0	2,324.9
Total	64.8	14.0	14.5	6.7	100.0	4,591.0

(a) During the twelve months prior to interview. (b) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 13. PERSONS: COMORBIDITY OF DISORDERS BY SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
NEW SOUTH WALES**

Per cent						
	<i>Health services used</i>				<i>Total</i>	<i>Total persons ('000)</i>
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>		
Males						
Physical conditions only	2.9	* 1.2	3.5	96.5	100.0	682.2
Mental disorders—						
Total mental disorders only	17.6	16.3	27.4	72.6	100.0	219.1
Total mental disorders and physical conditions	26.1	16.6	32.6	67.4	100.0	162.6
Anxiety and/or affective disorders	33.5	22.6	43.3	56.7	100.0	213.9
Substance use disorders	17.0	15.1	25.9	74.1	100.0	234.4
Total mental disorders	21.2	16.4	29.6	70.4	100.0	381.7
Total mental disorders or physical conditions	9.5	6.7	12.9	87.1	100.0	1,063.9
No mental disorder or physical condition	2.3	* 1.6	3.2	96.8	100.0	1,193.5
Total	5.7	4.0	7.7	92.3	100.0	2,257.4
Females						
Physical conditions only	3.7	3.5	5.7	94.3	100.0	783.9
Mental disorders—						
Total mental disorders only	26.8	28.5	37.7	62.3	100.0	217.7
Total mental disorders and physical conditions	43.5	30.4	51.2	48.8	100.0	200.6
Anxiety and/or affective disorders	38.3	31.7	47.8	52.2	100.0	363.4
Substance use disorders	30.6	37.3	44.6	55.4	100.0	117.7
Total mental disorders	34.8	29.4	44.2	55.8	100.0	418.3
Total mental disorders or physical conditions	14.5	12.5	19.1	80.9	100.0	1,202.2
No mental disorder or physical condition	4.3	4.5	6.5	93.5	100.0	1,131.5
Total	9.6	8.6	13.0	87.0	100.0	2,333.6
Persons						
Physical conditions only	3.3	2.4	4.7	95.3	100.0	1,466.1
Mental disorders—						
Total mental disorders only	22.2	22.4	32.5	67.5	100.0	436.8
Total mental disorders and physical conditions	35.7	24.2	42.9	57.1	100.0	363.2
Anxiety and/or affective disorders	36.5	28.3	46.1	53.9	100.0	577.3
Substance use disorders	21.5	22.5	32.1	67.9	100.0	352.1
Total mental disorders	28.3	23.2	37.2	62.8	100.0	800.0
Total mental disorders or physical conditions	12.1	9.8	16.2	83.8	100.0	2,266.1
No mental disorder or physical condition	3.3	3.0	4.8	95.2	100.0	2,324.9
Total	7.7	6.3	10.4	89.6	100.0	4,591.0

(a) During the twelve months prior to interview. See glossary for service use definitions (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions.

**TABLE 14. PERSONS: COMORBIDITY OF DISORDERS BY SERVICES USED FOR MENTAL HEALTH PROBLEMS(a) BY AGE
NEW SOUTH WALES**

Per cent

	<i>Health services used</i>				<i>Total</i>	<i>Total persons ('000)</i>
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>		
18-34						
Physical conditions only	**1.3	* 3.8	* 3.8	96.2	100.0	211.3
Mental disorders—						
Total mental disorders only	17.1	21.5	28.4	71.6	100.0	246.4
Total mental disorders and physical conditions	36.1	30.4	45.4	54.6	100.0	99.3
Anxiety and/or affective disorders	32.3	30.7	43.7	56.3	100.0	217.8
Substance use disorders	15.4	22.6	29.9	70.1	100.0	192.4
Total mental disorders	22.6	24.1	33.3	66.7	100.0	345.7
Total mental disorders or physical conditions	14.5	16.4	22.1	77.9	100.0	556.9
No mental disorder or physical condition	3.1	3.3	4.8	95.2	100.0	1,006.2
Total	7.2	7.9	10.9	89.1	100.0	1,563.1
35-64						
Physical conditions only	4.5	2.6	6.1	93.9	100.0	717.1
Mental disorders—						
Total mental disorders only	28.9	23.7	38.1	61.9	100.0	189.0
Total mental disorders and physical conditions	37.0	24.6	43.1	56.9	100.0	211.8
Anxiety and/or affective disorders	40.7	29.3	49.3	50.7	100.0	310.9
Substance use disorders	29.2	23.3	35.6	64.4	100.0	149.7
Total mental disorders	33.2	24.2	40.8	59.2	100.0	400.8
Total mental disorders or physical conditions	14.8	10.4	18.5	81.5	100.0	1,117.9
No mental disorder or physical condition	3.8	3.1	5.4	94.6	100.0	1,173.0
Total	9.2	6.7	11.8	88.2	100.0	2,290.9

(a) During the twelve months prior to interview. See glossary for service use definitions (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. NOTE: For persons 65 and over estimates are too small to be reported separately.

**TABLE 15. PERSONS WITH A MENTAL DISORDER(a): SERVICES USED FOR MENTAL HEALTH PROBLEMS(b)
NEW SOUTH WALES**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(c)</i>	<i>Total who used health services (d)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
Males						
Disability status(e)						
None	10.2	11.7	19.0	81.0	100.0	242.6
Mild	42.8	* 22.2	46.5	53.5	100.0	46.4
Moderate	41.5	* 27.8	51.6	48.4	100.0	58.8
Severe	* 35.3	* 22.8	* 44.4	55.6	100.0	34.0
Total	21.2	16.4	29.6	70.4	100.0	381.7
Females						
Disability status(e)						
None	27.4	25.8	36.0	64.0	100.0	201.9
Mild	32.5	* 21.4	39.7	60.3	100.0	75.5
Moderate	44.7	29.1	52.3	47.7	100.0	88.0
Severe	50.2	55.0	68.2	* 31.8	100.0	52.8
Total	34.8	29.4	44.2	55.8	100.0	418.3
Persons						
Disability status(e)						
None	18.0	18.1	26.7	73.3	100.0	444.5
Mild	36.4	21.7	42.3	57.7	100.0	122.0
Moderate	43.4	28.6	52.0	48.0	100.0	146.8
Severe	44.4	42.4	58.9	41.1	100.0	86.8
Total	28.3	23.2	37.2	62.8	100.0	800.0

(a) Persons who meet criteria for a diagnosis of a mental disorder from the CIDI. See Paragraphs 12- 16 of the Explanatory Notes. (b) During the twelve months prior to interview. See glossary for service use definitions. (c) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (d) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (e) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 16. PERSONS: SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
NEW SOUTH WALES**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
Males						
Disability status(d)						
None	3.0	2.8	4.8	95.2	100.0	1,541.3
Mild	9.2	* 5.1	10.7	89.3	100.0	284.3
Moderate	12.6	6.6	14.6	85.4	100.0	292.8
Severe	13.8	* 9.1	19.6	80.4	100.0	139.0
Total	5.7	4.0	7.7	92.3	100.0	2,257.4
Females						
Disability status(d)						
None	7.0	7.2	10.2	89.8	100.0	1,434.7
Mild	8.8	6.0	11.2	88.8	100.0	357.9
Moderate	15.5	11.9	19.1	80.9	100.0	371.6
Severe	20.2	18.7	26.7	73.3	100.0	169.3
Total	9.6	8.6	13.0	87.0	100.0	2,333.6
Persons						
Disability status(d)						
None	4.9	4.9	7.4	92.6	100.0	2,976.0
Mild	9.0	5.6	11.0	89.0	100.0	642.2
Moderate	14.2	9.6	17.1	82.9	100.0	664.5
Severe	17.3	14.4	23.5	76.5	100.0	308.3
Total	7.7	6.3	10.4	89.6	100.0	4,591.0

(a) During the twelve months prior to interview. See glossary for service use definitions. (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (d) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 17. PERSONS: SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
NEW SOUTH WALES**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons (`000)</i>
18-34						
Disability status(d)						
None	5.2	6.5	8.4	91.6	100.0	1,261.6
Mild	14.9	11.9	20.0	80.0	100.0	164.7
Moderate	* 18.1	21.2	26.7	73.3	100.0	94.8
Severe	* 11.8	**7.0	* 16.2	83.8	100.0	42.0
Total	7.2	7.9	10.9	89.1	100.0	1,563.1
35-64						
Disability status(d)						
None	5.3	4.5	7.6	92.4	100.0	1,465.6
Mild	9.0	* 3.9	9.7	90.3	100.0	332.4
Moderate	18.6	10.5	21.3	78.7	100.0	349.7
Severe	26.2	26.3	36.1	63.9	100.0	143.1
Total	9.2	6.7	11.8	88.2	100.0	2,290.9

(a) During the twelve months prior to interview. See glossary for service use definitions. (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (d) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ). NOTE: For persons 65 and over estimates are too small to be reported separately.

NOTES

INTRODUCTION

1 This report contains selected New South Wales statistics from the 1997 National Survey of Mental Health and Wellbeing of Adults (SMHWB). The survey was an initiative of, and funded by, the Mental Health Branch of the Commonwealth Department of Health and Family Services (HFS) as part of the National Mental Health Strategy. National estimates were published in *Mental Health and Wellbeing: Profile of Adults, Australia, 1997* (cat. no. 4326.0).

SURVEY CONTENT AND METHODOLOGY

2 The World Health Organisation Centre for Training and Reference for the Composite International Diagnostic Interview (CIDI), contracted by HFS, developed a computer based interview to collect survey data. Topics covered in the survey included:

- demographic and socioeconomic characteristics
- physical conditions
- selected mental disorders
- disability
- health service use
- perceived health needs.

3 The questions in the CIDI, the diagnostic component of the survey, are written to represent the criteria for a subset of mental disorders defined by the International Classification of Diseases—10th revision (ICD–10).

INTERPRETATION OF RESULTS

4 In terms of mental disorders, the CIDI is a structured interview for diagnosis of mental disorder for research purposes. Since the CIDI has no facility for subjective interpretation, it can inform a clinician's diagnosis but not replace it. Therefore estimates of mental disorder produced by the SMHWB are not equivalent to clinical diagnoses, but closely match ICD–10 criteria.

5 In terms of physical conditions, reported information was not medically verified, and was not necessarily based on diagnosis by a medical practitioner.

6 The questions used in the SMHWB to collect data on labour force status and education differ from those used in other ABS surveys. As such these data items provide an indication of an individual's status and, though not directly comparable with other ABS surveys, they are sufficient to associate with mental health status.

FURTHER INFORMATION

7 For further information about concepts and definitions, please refer to the Explanatory Notes and Technical notes from *Mental Health and Wellbeing: Profile of Adults, Australia, 1997* (cat. no. 4326.0), or forthcoming *National Survey of Mental Health and Wellbeing of Adults: Users' Guide, 1997* (cat. no. 4327.0).

8 For further information contact Tony Cheshire on Canberra (02) 6252 6415 or Liesl Mitchell on (02) 6252 7437 or 1800 060 050.

SYMBOLS

- * Relative standard error of between 25% and less than 50%
- ** Relative standard error of 50% or more
- Nil or rounded to zero
- .. Not applicable

STANDARD ERRORS

9 A table of standard errors (SEs) and relative standard errors (RSEs) is given in Table T1. These figures will not give a precise measure of the SE for a particular estimate but will provide an indication of its magnitude.

10 The smaller the estimate the higher the RSE. Very small estimates are thus subject to such high SEs (relative to the size of the estimate) as to seriously detract from their value for most reasonable uses.

T1 SE and RSE(a) of person estimates: New South Wales

<i>Size of estimate</i>	<i>SE</i>	<i>RSE % (a)</i>
(b)1 000	900	90.2
(b)1 500	1 160	77.6
(b)2 000	1 390	69.3
(b)2 500	1 600	63.4
(b)3 000	1 750	58.8
(b)3 500	1 950	55.1
(b)4 000	2 100	52.0
(c)5 000	2 350	47.1
(c)7 000	2 850	40.5
(c)10 000	3 400	34.2
(c)15 000	4 200	28.1
20 000	4 850	24.2
30 000	5 900	19.6
40 000	6 700	16.8
50 000	7 400	14.8
100 000	9 900	9.9
150 000	11 600	7.7
200 000	12 950	6.5
300 000	14 950	5.0
500 000	17 700	3.5
1 000 000	21 850	2.2
2 000 000	26 250	1.3
5 000 000	32 300	0.6

(a) Shows the SE for New South Wales as a percentage of the estimate.

(b) Estimates with a RSE of 50% or more. These estimates are considered unreliable for most purposes.

(c) Estimates with a RSE between 25% and less than 50%. These estimates should be treated with caution.

SELF-HELP ACCESS TO STATISTICS

PHONE Call 1900 986 400 for the latest statistics on CPI, Labour Force, Earnings, National Accounts, Balance of Payments and other topics. (Call cost is 75c per minute)

INTERNET <http://www.abs.gov.au>

LIBRARY A range of ABS publications is available from public and tertiary libraries Australia wide. Contact your nearest library to determine whether it has the ABS statistics you require.

WHY NOT SUBSCRIBE?

PHONE +61 1300 366 323

FAX +61 3 9615 7848

CONTACTING THE ABS

ABS provides a range of services, including: a telephone inquiry service; information consultancy tailored to your needs; survey, sample and questionnaire design; survey evaluation and methodological reviews; and statistical training.

<i>INQUIRIES</i>	<i>By phone</i>	<i>By fax</i>
Canberra	02 6252 6627	02 6253 1404
Sydney	02 9268 4611	02 9268 4668
Melbourne	03 9615 7755	03 9615 7798
Brisbane	07 3222 6351	07 3222 6283
Perth	08 9360 5140	08 9360 5955
Adelaide	08 8237 7400	08 8237 7566
Hobart	03 6222 5800	03 6222 5995
Darwin	08 8943 2111	08 8981 1218

POST Client Services, ABS, PO Box 10, Belconnen, ACT 2616

EMAIL client.services@abs.gov.au



2000001314784

RRP \$40.00