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Mental Health and Wellbeing Profile of Adults Queensland

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**TABLE 1. PERSONS: PREVALENCE OF DISORDERS(a)
QUEENSLAND**

	<i>Males</i>		<i>Females</i>		<i>Persons</i>	
	'000	%	'000	%	'000	%
Physical conditions	444.3	37.0	518.3	42.3	962.6	39.7
Mental disorders						
Anxiety disorders —						
Panic disorder	* 8.3	* 0.7	20.5	1.7	28.9	1.2
Agoraphobia	* 14.2	* 1.2	20.6	1.7	34.8	1.4
Social phobia	26.7	2.2	39.7	3.2	66.4	2.7
Generalised anxiety disorder	24.3	2.0	34.5	2.8	58.8	2.4
Obsessive-compulsive disorder	—	—	* 5.5	* 0.4	* 7.2	* 0.3
Post-traumatic stress disorder	29.2	2.4	43.3	3.5	72.4	3.0
<i>Total anxiety disorders</i>	83.7	7.0	131.4	10.7	215.1	8.9
Affective disorders —						
Depression	53.9	4.5	89.9	7.3	143.8	5.9
Dysthymia	* 12.9	* 1.1	15.8	1.3	28.7	1.2
<i>Total affective disorders(b)</i>	59.8	5.0	95.3	7.8	155.2	6.4
Substance use disorders —						
Alcohol harmful use	43.8	3.6	29.1	2.4	72.8	3.0
Alcohol dependence	74.7	6.2	17.3	1.4	92.0	3.8
Drug use disorders(c)	44.1	3.7	* 12.5	* 1.0	56.6	2.3
<i>Total substance use disorders</i>	137.9	11.5	51.2	4.2	189.1	7.8
<i>Total mental disorders</i>	211.2	17.6	204.9	16.7	416.1	17.2
No mental disorder or physical condition	629.2	52.4	602.6	49.2	1,231.8	50.8
Total(d)	1,201.1	100.0	1,224.9	100.0	2,426.0	100.0

(a) During the twelve months prior to interview. (b) Includes other affective disorders such as mania, hypomania and bipolar affective disorder. (c) Includes harmful use and dependence. (d) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 2. PERSONS: PREVALENCE OF DISORDERS BY AGE(a)
QUEENSLAND**

	Per cent						<i>Total</i>
	<i>Age group (years)</i>						
	<i>18-24</i>	<i>25-34</i>	<i>35-44</i>	<i>45-54</i>	<i>55-64</i>	<i>65 and over</i>	
Males							
Physical conditions	25.2	18.0	24.9	43.2	57.6	72.1	37.0
Mental disorders							
Anxiety disorders	* 4.7	7.8	* 5.6	10.6	* 8.0	* 4.3	7.0
Affective disorders	* 2.3	8.0	* 3.8	7.7	* 4.7	—	5.0
Substance use disorders	24.1	16.6	9.4	9.3	**2.5	* 3.8	11.5
<i>Total mental disorders</i>	26.8	22.7	15.6	20.0	* 8.9	* 7.1	17.6
No mental disorder or physical condition	57.0	64.6	65.0	46.2	39.9	27.9	52.4
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	172.6	253.9	252.2	221.3	140.1	161.0	1,201.1
Females							
Physical conditions	36.5	25.0	27.4	42.8	66.6	73.3	42.3
Mental disorders							
Anxiety disorders	* 6.8	12.1	13.4	12.1	11.5	* 6.7	10.7
Affective disorders	* 7.2	10.2	9.2	7.3	* 10.2	**1.9	7.8
Substance use disorders	8.7	6.5	* 4.0	* 4.0	—	—	4.2
<i>Total mental disorders</i>	16.6	21.5	18.4	17.7	17.2	* 6.7	16.7
No mental disorder or physical condition	55.4	61.6	60.0	49.3	31.1	24.9	49.2
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	170.0	257.7	257.8	213.9	135.6	189.9	1,224.9
Persons							
Physical conditions	30.8	21.5	26.1	43.0	62.0	72.7	39.7
Mental disorders							
Anxiety disorders	5.7	10.0	9.5	11.3	9.7	5.6	8.9
Affective disorders	4.7	9.1	6.5	7.5	7.4	* 1.8	6.4
Substance use disorders	16.5	11.5	6.7	6.7	* 1.6	* 1.7	7.8
<i>Total mental disorders</i>	21.7	22.1	17.0	18.8	13.0	6.9	17.2
No mental disorder or physical condition	56.2	63.1	62.5	47.7	35.5	26.3	50.8
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	342.6	511.5	509.9	435.2	275.7	351.0	2,426.0

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

TABLE 3. PERSONS: PREVALENCE OF DISORDERS(a) BY NUMBER OF PERSONS IN HOUSEHOLD QUEENSLAND

	Per cent					<i>Total</i>
	<i>Number of persons in household</i>					
	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5 or more</i>	
	Males					
Physical conditions	39.5	48.9	27.2	28.7	32.9	37.0
Mental disorders						
Anxiety disorders	* 8.2	7.8	8.8	* 5.1	* 4.0	7.0
Affective disorders	* 5.9	5.4	* 5.2	* 2.9	* 6.1	5.0
Substance use disorders	13.2	12.1	10.1	14.3	* 6.9	11.5
<i>Total mental disorders</i>	<i>18.5</i>	<i>18.1</i>	<i>17.3</i>	<i>18.7</i>	<i>14.6</i>	<i>17.6</i>
No mental disorder or physical condition	51.1	41.7	60.9	59.6	55.9	52.4
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	116.6	412.6	261.5	237.2	173.2	1,201.1
	Females					
Physical conditions	60.5	44.3	45.1	28.8	35.2	42.3
Mental disorders						
Anxiety disorders	10.5	8.9	14.5	10.6	10.4	10.7
Affective disorders	* 9.3	5.7	7.8	10.6	* 7.9	7.8
Substance use disorders	* 3.1	4.3	* 3.5	* 6.1	* 3.4	4.2
<i>Total mental disorders</i>	<i>14.6</i>	<i>14.6</i>	<i>19.6</i>	<i>19.3</i>	<i>16.5</i>	<i>16.7</i>
No mental disorder or physical condition	34.1	48.1	47.3	59.0	54.9	49.2
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	153.8	431.5	238.1	228.7	172.8	1,224.9
	Persons					
Physical conditions	51.4	46.5	35.8	28.8	34.1	39.7
Mental disorders						
Anxiety disorders	9.5	8.4	11.5	7.8	7.2	8.9
Affective disorders	7.8	5.5	6.4	6.7	7.0	6.4
Substance use disorders	7.4	8.1	7.0	10.3	5.1	7.8
<i>Total mental disorders</i>	<i>16.3</i>	<i>16.3</i>	<i>18.4</i>	<i>19.0</i>	<i>15.6</i>	<i>17.2</i>
No mental disorder or physical condition	41.4	45.0	54.4	59.3	55.4	50.8
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	270.4	844.1	499.6	465.9	346.0	2,426.0

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 4. PERSONS: PREVALENCE OF DISORDERS(a) BY MARITAL STATUS
QUEENSLAND**

Per cent					
	<i>Married(b)</i>	<i>Separated/divorced</i>	<i>Widowed</i>	<i>Never married</i>	<i>Total</i>
Males					
Physical conditions	38.9	43.7	65.6	26.1	37.0
Mental disorders					
Anxiety disorders	5.7	* 13.0	—	9.6	7.0
Affective disorders	4.5	* 11.1	—	* 4.7	5.0
Substance use disorders	7.3	* 14.5	—	24.6	11.5
<i>Total mental disorders</i>	<i>13.7</i>	<i>24.9</i>	<i>**7.7</i>	<i>29.0</i>	<i>17.6</i>
No mental disorder or physical condition	53.2	44.5	* 34.4	54.0	52.4
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	836.5	73.5	27.2	263.9	1,201.1
Females					
Physical conditions	40.2	48.3	68.9	33.5	42.3
Mental disorders					
Anxiety disorders	9.8	25.3	* 7.3	9.7	10.7
Affective disorders	7.4	19.6	* 3.7	* 6.3	7.8
Substance use disorders	3.4	* 7.6	—	7.5	4.2
<i>Total mental disorders</i>	<i>15.7</i>	<i>35.8</i>	<i>* 8.2</i>	<i>16.8</i>	<i>16.7</i>
No mental disorder or physical condition	51.9	36.6	28.3	55.8	49.2
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	798.4	94.8	113.1	218.5	1,224.9
Persons					
Physical conditions	39.5	46.3	68.3	29.5	39.7
Mental disorders					
Anxiety disorders	7.7	19.9	* 6.7	9.6	8.9
Affective disorders	5.9	15.9	* 4.1	5.4	6.4
Substance use disorders	5.4	10.6	—	16.9	7.8
<i>Total mental disorders</i>	<i>14.6</i>	<i>31.1</i>	<i>* 8.1</i>	<i>23.5</i>	<i>17.2</i>
No mental disorder or physical condition	52.5	40.0	29.5	54.8	50.8
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,635.0	168.3	140.3	482.4	2,426.0

(a) During the twelve months prior to interview. (b) Includes de facto. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 5. PERSONS: PREVALENCE OF DISORDERS(a) BY LABOUR FORCE STATUS
QUEENSLAND**

Per cent					
	<i>Employed</i>		<i>Unemployed</i>	<i>Not in the labour force</i>	<i>Total</i>
	<i>Full-time</i>	<i>Part-time</i>			
Males					
Physical conditions	27.5	39.3	40.2	66.0	37.0
Mental disorders					
Anxiety disorders	6.1	* 10.8	* 10.2	6.9	7.0
Affective disorders	4.6	* 6.4	* 10.7	* 3.9	5.0
Substance use disorders	11.2	20.0	24.4	* 4.6	11.5
<i>Total mental disorders</i>	<i>16.8</i>	<i>27.6</i>	<i>32.4</i>	<i>11.0</i>	<i>17.6</i>
No mental disorder or physical condition	59.7	49.6	45.9	31.5	52.4
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	777.9	120.4	64.2	238.6	1,201.1
Females					
Physical conditions	30.2	33.1	35.6	57.3	42.3
Mental disorders					
Anxiety disorders	9.6	10.0	* 18.8	11.3	10.7
Affective disorders	5.8	10.0	* 8.9	7.7	7.8
Substance use disorders	5.1	6.1	**8.0	* 2.0	4.2
<i>Total mental disorders</i>	<i>17.3</i>	<i>17.6</i>	<i>* 30.0</i>	<i>14.6</i>	<i>16.7</i>
No mental disorder or physical condition	58.9	56.5	51.6	37.5	49.2
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	356.5	322.0	41.7	504.7	1,224.9
Persons					
Physical conditions	28.3	34.7	38.4	60.1	39.7
Mental disorders					
Anxiety disorders	7.2	10.2	* 13.6	9.9	8.9
Affective disorders	5.0	9.0	* 10.0	6.5	6.4
Substance use disorders	9.3	9.9	17.9	2.8	7.8
<i>Total mental disorders</i>	<i>17.0</i>	<i>20.3</i>	<i>31.5</i>	<i>13.5</i>	<i>17.2</i>
No mental disorder or physical condition	59.5	54.7	48.2	35.6	50.8
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,134.4	442.4	105.9	743.3	2,426.0

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 6. PERSONS: PREVALENCE OF DISORDERS(a) BY HIGHEST EDUCATIONAL QUALIFICATION
QUEENSLAND**

Per cent				
	<i>Post-school qualification</i>	<i>Completed secondary school only</i>	<i>Did not complete secondary school</i>	<i>Total(b)</i>
Males				
Physical conditions	35.2	33.6	41.2	37.0
Mental disorders				
Anxiety disorders	8.2	* 4.7	6.3	7.0
Affective disorders	4.5	* 3.9	6.1	5.0
Substance use disorders	10.5	16.1	10.7	11.5
<i>Total mental disorders</i>	<i>17.2</i>	<i>20.5</i>	<i>16.6</i>	<i>17.6</i>
No mental disorder or physical condition	53.7	53.9	49.8	52.4
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	581.5	202.7	416.9	1,201.1
Females				
Physical conditions	35.5	36.6	49.6	42.3
Mental disorders				
Anxiety disorders	10.5	6.2	12.9	10.7
Affective disorders	6.0	* 5.5	10.1	7.8
Substance use disorders	4.7	6.0	3.0	4.2
<i>Total mental disorders</i>	<i>17.0</i>	<i>13.0</i>	<i>18.2</i>	<i>16.7</i>
No mental disorder or physical condition	54.3	57.7	42.0	49.2
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	409.2	247.6	566.7	1,224.9
Persons				
Physical conditions	35.3	35.2	46.0	39.7
Mental disorders				
Anxiety disorders	9.2	5.5	10.1	8.9
Affective disorders	5.1	4.8	8.4	6.4
Substance use disorders	8.1	10.6	6.3	7.8
<i>Total mental disorders</i>	<i>17.1</i>	<i>16.4</i>	<i>17.5</i>	<i>17.2</i>
No mental disorder or physical condition	53.9	55.9	45.3	50.8
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	990.6	450.3	983.6	2,426.0

(a) During the twelve months prior to interview. (b) Includes persons aged 18 to 20 years who are still at school and persons whose qualifications were inadequately described. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 7. PERSONS: PREVALENCE OF DISORDERS(a) BY COUNTRY OF BIRTH(b)
QUEENSLAND**

Per cent				
	<i>Born outside Australia</i>			<i>Total</i>
	<i>Born in Australia</i>	<i>Main English-speaking country</i>	<i>Other country</i>	
Males				
Physical conditions	36.2	39.7	41.0	37.0
Mental disorders				
Anxiety disorders	6.9	* 6.1	* 9.1	7.0
Affective disorders	5.1	* 4.0	* 5.2	5.0
Substance use disorders	12.1	* 6.8	* 12.8	11.5
<i>Total mental disorders</i>	<i>18.0</i>	<i>13.3</i>	<i>21.0</i>	<i>17.6</i>
No mental disorder or physical condition	52.5	52.0	51.8	52.4
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	957.9	156.6	86.7	1,201.1
Females				
Physical conditions	42.7	37.5	44.9	42.3
Mental disorders				
Anxiety disorders	10.2	11.4	* 14.8	10.7
Affective disorders	7.9	* 6.0	* 9.1	7.8
Substance use disorders	4.6	**2.4	—	4.2
<i>Total mental disorders</i>	<i>16.8</i>	<i>15.2</i>	<i>18.5</i>	<i>16.7</i>
No mental disorder or physical condition	48.4	54.9	49.6	49.2
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	994.7	134.4	95.7	1,224.9
Persons				
Physical conditions	39.5	38.7	43.0	39.7
Mental disorders				
Anxiety disorders	8.6	8.6	12.1	8.9
Affective disorders	6.5	* 4.9	* 7.3	6.4
Substance use disorders	8.3	* 4.8	* 7.2	7.8
<i>Total mental disorders</i>	<i>17.4</i>	<i>14.2</i>	<i>19.7</i>	<i>17.2</i>
No mental disorder or physical condition	50.4	53.3	50.6	50.8
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	1,952.5	291.0	182.4	2,426.0

(a) During the twelve months prior to interview. (b) See glossary. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 8. PERSONS: PREVALENCE OF DISORDERS(a) BY GEOGRAPHIC AREA
QUEENSLAND**

Per cent			
	<i>Capital city</i>	<i>Rest of state</i>	<i>Total</i>
Males			
Physical conditions	38.9	35.4	37.0
Mental disorders			
Anxiety disorders	7.4	6.6	7.0
Affective disorders	5.4	4.6	5.0
Substance use disorders	10.6	12.2	11.5
<i>Total mental disorders</i>	<i>17.4</i>	<i>17.7</i>	<i>17.6</i>
No mental disorder or physical condition	51.8	52.9	52.4
Total(b)	100.0	100.0	100.0
Total persons ('000)	553.7	647.4	1,201.1
Females			
Physical conditions	41.4	43.1	42.3
Mental disorders			
Anxiety disorders	9.4	11.9	10.7
Affective disorders	6.7	8.8	7.8
Substance use disorders	4.4	4.0	4.2
<i>Total mental disorders</i>	<i>15.7</i>	<i>17.7</i>	<i>16.7</i>
No mental disorder or physical condition	50.9	47.7	49.2
Total(b)	100.0	100.0	100.0
Total persons ('000)	577.9	647.0	1,224.9
Persons			
Physical conditions	40.2	39.2	39.7
Mental disorders			
Anxiety disorders	8.4	9.3	8.9
Affective disorders	6.1	6.7	6.4
Substance use disorders	7.4	8.1	7.8
<i>Total mental disorders</i>	<i>16.5</i>	<i>17.7</i>	<i>17.2</i>
No mental disorder or physical condition	51.3	50.3	50.8
Total(b)	100.0	100.0	100.0
Total persons ('000)	1,131.6	1,294.3	2,426.0

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

TABLE 9. PERSONS: COMORBIDITY OF DISORDERS(a)
QUEENSLAND

	<i>Males</i>		<i>Females</i>		<i>Persons</i>	
	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>
Physical conditions only	360.7	30.0	417.4	34.1	778.1	32.1
Mental disorders only—						
Anxiety and/or affective only	40.2	3.3	73.1	6.0	113.3	4.7
Substance use only	71.7	6.0	23.7	1.9	95.4	3.9
Substance use with anxiety and/or affective	15.7	1.3	* 7.2	* 0.6	22.9	0.9
<i>Total mental disorders only</i>	<i>127.6</i>	<i>10.6</i>	<i>104.0</i>	<i>8.5</i>	<i>231.6</i>	<i>9.5</i>
Mental disorders and physical conditions—						
Anxiety and/or affective only with physical	33.1	2.8	80.6	6.6	113.7	4.7
Substance use only with physical	28.4	2.4	* 9.0	* 0.7	37.4	1.5
Substance use with anxiety and/or affective and physical	22.1	1.8	* 11.2	* 0.9	33.3	1.4
<i>Total mental disorders and physical conditions</i>	<i>83.6</i>	<i>7.0</i>	<i>100.9</i>	<i>8.2</i>	<i>184.5</i>	<i>7.6</i>
<i>Total mental disorders</i>	<i>211.2</i>	<i>17.6</i>	<i>204.9</i>	<i>16.7</i>	<i>416.1</i>	<i>17.2</i>
<i>Total mental disorders or physical conditions</i>	<i>571.9</i>	<i>47.6</i>	<i>622.3</i>	<i>50.8</i>	<i>1,194.2</i>	<i>49.2</i>
No mental disorder or physical condition	629.2	52.4	602.6	49.2	1,231.8	50.8
Total	1,201.1	100.0	1,224.9	100.0	2,426.0	100.0

(a) During the twelve months prior to interview.

**TABLE 10. PERSONS: COMORBIDITY OF DISORDERS(a) BY AGE
QUEENSLAND**

Per cent					
	Age group (years)				Total
	18-24	18-34	35-54	55 and over	
Males					
Physical conditions only	16.3	14.1	26.2	58.6	30.0
Mental disorders only—					
Anxiety and/or affective only	* 2.7	3.8	4.7	—	3.3
Substance use only	13.7	12.0	4.2	—	6.0
Substance use with anxiety and/or affective	—	* 1.9	* 1.4	—	1.3
<i>Total mental disorders only</i>	<i>17.8</i>	<i>17.6</i>	<i>10.3</i>	<i>**1.2</i>	<i>10.6</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	—	* 0.9	3.5	* 4.1	2.8
Substance use only with physical	* 6.5	* 2.6	* 2.8	* 1.4	2.4
Substance use with anxiety and/or affective and physical	* 2.4	* 3.2	* 1.0	* 1.2	1.8
<i>Total mental disorders and physical conditions</i>	<i>9.0</i>	<i>6.8</i>	<i>7.3</i>	<i>6.7</i>	<i>7.0</i>
<i>Total mental disorders</i>	<i>26.8</i>	<i>24.4</i>	<i>17.6</i>	<i>7.9</i>	<i>17.6</i>
<i>Total mental disorders or physical conditions</i>	<i>43.0</i>	<i>38.5</i>	<i>43.8</i>	<i>66.5</i>	<i>47.6</i>
No mental disorder or physical condition	57.0	61.5	56.2	33.5	52.4
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	172.6	426.4	473.5	301.2	1,201.1
Females					
Physical conditions only	28.0	21.3	26.8	61.4	34.1
Mental disorders only—					
Anxiety and/or affective only	* 3.9	7.3	7.5	* 2.0	6.0
Substance use only	* 2.8	* 3.1	* 2.2	—	1.9
Substance use with anxiety and/or affective	—	—	* 0.8	—	* 0.6
<i>Total mental disorders only</i>	<i>* 8.0</i>	<i>11.3</i>	<i>10.4</i>	<i>* 2.0</i>	<i>8.5</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	* 4.0	4.9	6.6	8.8	6.6
Substance use only with physical	* 2.5	* 1.3	**0.7	—	* 0.7
Substance use with anxiety and/or affective and physical	**2.0	* 2.1	**0.3	—	* 0.9
<i>Total mental disorders and physical conditions</i>	<i>* 8.5</i>	<i>8.3</i>	<i>7.6</i>	<i>9.1</i>	<i>8.2</i>
<i>Total mental disorders</i>	<i>16.6</i>	<i>19.5</i>	<i>18.1</i>	<i>11.1</i>	<i>16.7</i>
<i>Total mental disorders or physical conditions</i>	<i>44.6</i>	<i>40.8</i>	<i>44.8</i>	<i>72.5</i>	<i>50.8</i>
No mental disorder or physical condition	55.4	59.2	55.2	27.5	49.2
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	170.0	427.7	471.7	325.5	1,224.9

TABLE 10. PERSONS: COMORBIDITY OF DISORDERS(a) BY AGE
QUEENSLAND—continued

	Per cent				
	<i>Age group (years)</i>				
	<i>18-24</i>	<i>18-34</i>	<i>35-54</i>	<i>55 and over</i>	<i>Total</i>
	Persons				
Physical conditions only	22.1	17.7	26.5	60.1	32.1
Mental disorders only—					
Anxiety and/or affective only	* 3.3	5.6	6.1	* 1.3	4.7
Substance use only	8.3	7.5	3.2	—	3.9
Substance use with anxiety and/or affective	—	* 1.3	* 1.1	—	0.9
<i>Total mental disorders only</i>	<i>13.0</i>	<i>14.4</i>	<i>10.4</i>	<i>* 1.6</i>	<i>9.5</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	* 2.0	2.9	5.1	6.6	4.7
Substance use only with physical	4.5	2.0	1.7	* 0.7	1.5
Substance use with anxiety and/or affective and physical	* 2.2	2.6	* 0.7	* 0.7	1.4
<i>Total mental disorders and physical conditions</i>	<i>8.7</i>	<i>7.5</i>	<i>7.4</i>	<i>8.0</i>	<i>7.6</i>
<i>Total mental disorders</i>	<i>21.7</i>	<i>22.0</i>	<i>17.8</i>	<i>9.6</i>	<i>17.2</i>
<i>Total mental disorders or physical conditions</i>	<i>43.8</i>	<i>39.7</i>	<i>44.3</i>	<i>69.6</i>	<i>49.2</i>
No mental disorder or physical condition	56.2	60.3	55.7	30.4	50.8
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	342.6	854.1	945.2	626.7	2,426.0

(a) During the twelve months prior to interview.

**TABLE 11. AVERAGE DAYS OUT OF ROLE(a) BY COMORBIDITY OF DISORDERS(b)
QUEENSLAND**

	<i>Males</i>	<i>Females</i>	<i>Persons</i>
Physical conditions only	1.8	1.8	1.8
Mental disorders only—			
Anxiety and/or affective only	1.4	2.1	1.8
Substance use only	1.3	0.9	1.2
Substance use with anxiety and/or affective	0.5	* 1.0	0.7
<i>Total mental disorders only</i>	<i>1.2</i>	<i>1.8</i>	<i>1.5</i>
Mental disorders and physical conditions—			
Anxiety and/or affective only with physical	4.8	3.7	4.0
Substance use only with physical	1.9	* 0.9	1.7
Substance use with anxiety and/or affective and physical	2.6	* 4.6	3.3
<i>Total mental disorders and physical conditions</i>	<i>3.2</i>	<i>3.6</i>	<i>3.4</i>
<i>Total mental disorders</i>	<i>2.0</i>	<i>2.7</i>	<i>2.3</i>
<i>Total mental disorders or physical conditions</i>	<i>1.8</i>	<i>2.1</i>	<i>2.0</i>
No mental disorder or physical condition	0.6	1.0	0.8
Total	1.2	1.5	1.4

(a) During the four weeks prior to interview. See glossary. (b) During the twelve months prior to interview.

**TABLE 12. PERSONS: COMORBIDITY OF DISORDERS(a) BY DISABILITY STATUS(b)
QUEENSLAND**

Per cent

	<i>Disability status</i>				<i>Total</i>	<i>Total persons ('000)</i>
	<i>None</i>	<i>Mild</i>	<i>Moderate</i>	<i>Severe</i>		
Males						
Physical conditions only	55.9	13.3	20.7	10.1	100.0	360.7
Mental disorders—						
Total mental disorders only	62.1	21.4	12.8	* 3.6	100.0	127.6
Total mental disorders and physical conditions	46.6	* 14.9	29.7	* 8.8	100.0	83.6
Anxiety and/or affective disorders	48.1	16.8	26.7	* 8.4	100.0	111.1
Substance use disorders	57.4	22.5	17.7	**2.4	100.0	137.9
Total mental disorders	56.0	18.8	19.5	* 5.7	100.0	211.2
Total mental disorders or physical conditions	55.9	15.3	20.3	8.5	100.0	571.9
No mental disorder or physical condition	84.4	8.7	5.6	* 1.2	100.0	629.2
Total	70.9	11.9	12.6	4.7	100.0	1,201.1
Females						
Physical conditions only	44.0	19.4	25.7	10.9	100.0	417.4
Mental disorders—						
Total mental disorders only	70.8	* 12.4	* 11.7	* 5.1	100.0	104.0
Total mental disorders and physical conditions	37.3	17.1	24.8	20.9	100.0	100.9
Anxiety and/or affective disorders	52.1	14.8	18.4	14.7	100.0	172.1
Substance use disorders	59.0	* 19.2	* 15.1	**6.7	100.0	51.2
Total mental disorders	54.3	14.7	18.2	12.9	100.0	204.9
Total mental disorders or physical conditions	47.4	17.9	23.2	11.5	100.0	622.3
No mental disorder or physical condition	82.2	8.5	7.6	* 1.6	100.0	602.6
Total	64.5	13.3	15.5	6.7	100.0	1,224.9
Persons						
Physical conditions only	49.5	16.6	23.4	10.5	100.0	778.1
Mental disorders—						
Total mental disorders only	66.0	17.4	12.3	* 4.3	100.0	231.6
Total mental disorders and physical conditions	41.5	16.1	27.0	15.4	100.0	184.5
Anxiety and/or affective disorders	50.5	15.6	21.7	12.2	100.0	283.2
Substance use disorders	57.8	21.6	17.0	* 3.5	100.0	189.1
Total mental disorders	55.2	16.8	18.8	9.2	100.0	416.1
Total mental disorders or physical conditions	51.5	16.7	21.8	10.1	100.0	1,194.2
No mental disorder or physical condition	83.3	8.6	6.6	1.4	100.0	1,231.8
Total	67.7	12.6	14.1	5.7	100.0	2,426.0

(a) During the twelve months prior to interview. (b) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 13. PERSONS: COMORBIDITY OF DISORDERS BY SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
QUEENSLAND**

	Per cent					Total persons ('000)
	Health services used			Total who did not use health services	Total	
	GP	Other Health Professional(b)	Total who used health services (c)			
Males						
Physical conditions only	* 2.4	* 3.0	4.2	95.8	100.0	360.7
Mental disorders—						
Total mental disorders only	18.4	18.1	27.9	72.1	100.0	127.6
Total mental disorders and physical conditions	29.6	19.4	34.4	65.6	100.0	83.6
Anxiety and/or affective disorders	36.2	27.1	45.2	54.8	100.0	111.1
Substance use disorders	17.4	17.0	24.8	75.2	100.0	137.9
Total mental disorders	22.8	18.6	30.5	69.5	100.0	211.2
Total mental disorders or physical conditions	9.9	8.8	13.9	86.1	100.0	571.9
No mental disorder or physical condition	* 2.1	—	2.6	97.4	100.0	629.2
Total	5.8	4.4	8.0	92.0	100.0	1,201.1
Females						
Physical conditions only	5.0	4.4	7.6	92.4	100.0	417.4
Mental disorders—						
Total mental disorders only	37.8	32.5	50.0	50.0	100.0	104.0
Total mental disorders and physical conditions	37.6	20.6	41.1	58.9	100.0	100.9
Anxiety and/or affective disorders	40.7	30.9	49.8	50.2	100.0	172.1
Substance use disorders	* 28.5	* 16.6	35.2	64.8	100.0	51.2
Total mental disorders	37.7	26.7	45.6	54.4	100.0	204.9
Total mental disorders or physical conditions	15.8	11.7	20.1	79.9	100.0	622.3
No mental disorder or physical condition	3.6	4.5	6.1	93.9	100.0	602.6
Total	9.8	8.2	13.2	86.8	100.0	1,224.9
Persons						
Physical conditions only	3.8	3.8	6.0	94.0	100.0	778.1
Mental disorders—						
Total mental disorders only	27.1	24.6	37.8	62.2	100.0	231.6
Total mental disorders and physical conditions	34.0	20.1	38.1	61.9	100.0	184.5
Anxiety and/or affective disorders	39.0	29.4	48.0	52.0	100.0	283.2
Substance use disorders	20.4	16.9	27.6	72.4	100.0	189.1
Total mental disorders	30.1	22.6	37.9	62.1	100.0	416.1
Total mental disorders or physical conditions	13.0	10.3	17.1	82.9	100.0	1,194.2
No mental disorder or physical condition	2.9	2.4	4.3	95.7	100.0	1,231.8
Total	7.8	6.3	10.6	89.4	100.0	2,426.0

(a) During the twelve months prior to interview. See glossary for service use definitions (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions.

TABLE 14. PERSONS: COMORBIDITY OF DISORDERS BY SERVICES USED FOR MENTAL HEALTH PROBLEMS(a) BY AGE QUEENSLAND

Per cent

	<i>Health services used</i>			<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>			
18-34						
Physical conditions only	* 5.5	* 4.0	* 8.0	92.0	100.0	151.4
Mental disorders—						
Total mental disorders only	19.9	25.2	31.4	68.6	100.0	123.3
Total mental disorders and physical conditions	28.8	* 16.2	30.3	69.7	100.0	64.2
Anxiety and/or affective disorders	36.1	32.5	44.6	55.4	100.0	106.1
Substance use disorders	13.0	14.9	21.8	78.2	100.0	115.3
Total mental disorders	23.0	22.1	31.0	69.0	100.0	187.5
Total mental disorders or physical conditions	15.2	14.0	20.7	79.3	100.0	338.9
No mental disorder or physical condition	* 2.3	3.5	4.4	95.6	100.0	515.2
Total	7.4	7.7	10.9	89.1	100.0	854.1
35-64						
Physical conditions only	5.4	5.5	8.5	91.5	100.0	392.2
Mental disorders—						
Total mental disorders only	36.4	24.6	46.5	53.5	100.0	105.0
Total mental disorders and physical conditions	40.3	26.7	46.9	53.1	100.0	99.5
Anxiety and/or affective disorders	43.4	31.2	54.0	46.0	100.0	156.5
Substance use disorders	33.6	* 21.7	38.7	61.3	100.0	67.7
Total mental disorders	38.3	25.6	46.7	53.3	100.0	204.5
Total mental disorders or physical conditions	16.7	12.4	21.6	78.4	100.0	596.6
No mental disorder or physical condition	3.2	* 1.9	4.4	95.6	100.0	624.3
Total	9.8	7.1	12.8	87.2	100.0	1,220.9

(a) During the twelve months prior to interview. See glossary for service use definitions (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. NOTE: For persons 65 and over estimates are too small to be reported separately.

**TABLE 15. PERSONS WITH A MENTAL DISORDER(a): SERVICES USED FOR MENTAL HEALTH PROBLEMS(b)
QUEENSLAND**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(c)</i>	<i>Total who used health services (d)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
Males						
Disability status(e)						
None	23.8	19.1	31.7	68.3	100.0	118.3
Mild	—	* 20.7	* 20.7	79.3	100.0	39.8
Moderate	* 34.2	* 15.9	* 35.8	64.2	100.0	41.2
Severe	* 33.5	**	* 33.5	* 66.5	* 100.0	* 12.0
Total	22.8	18.6	30.5	69.5	100.0	211.2
Females						
Disability status(e)						
None	33.5	30.2	43.4	56.6	100.0	111.2
Mild	55.1	**11.2	55.1	* 44.9	100.0	30.1
Moderate	* 36.6	* 21.9	41.6	58.4	100.0	37.2
Severe	* 37.2	* 36.2	* 49.8	* 50.2	100.0	26.4
Total	37.7	26.7	45.6	54.4	100.0	204.9
Persons						
Disability status(e)						
None	28.5	24.5	37.3	62.7	100.0	229.5
Mild	26.5	* 16.6	35.5	64.5	100.0	69.8
Moderate	35.4	* 18.7	38.5	61.5	100.0	78.4
Severe	* 36.0	* 29.9	44.7	55.3	100.0	38.3
Total	30.1	22.6	37.9	62.1	100.0	416.1

(a) Persons who meet criteria for a diagnosis of a mental disorder from the CIDI. See Paragraphs 12- 16 of the Explanatory Notes. (b) During the twelve months prior to interview. See glossary for service use definitions. (c) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (d) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (e) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 16. PERSONS: SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
QUEENSLAND**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
Males						
Disability status(d)						
None	5.4	3.7	7.3	92.7	100.0	851.2
Mild	* 2.9	* 7.4	* 8.2	91.8	100.0	142.7
Moderate	10.2	* 4.8	10.6	89.4	100.0	151.1
Severe	* 8.2	**6.3	* 11.1	88.9	100.0	56.1
Total	5.8	4.4	8.0	92.0	100.0	1,201.1
Females						
Disability status(d)						
None	7.7	7.9	11.3	88.7	100.0	790.3
Mild	13.3	* 4.3	14.4	85.6	100.0	162.5
Moderate	13.7	9.9	16.6	83.4	100.0	190.4
Severe	* 14.2	* 14.9	21.5	78.5	100.0	81.6
Total	9.8	8.2	13.2	86.8	100.0	1,224.9
Persons						
Disability status(d)						
None	6.5	5.7	9.2	90.8	100.0	1,641.5
Mild	8.5	5.7	11.5	88.5	100.0	305.1
Moderate	12.2	7.7	14.0	86.0	100.0	341.5
Severe	11.7	11.4	17.3	82.7	100.0	137.8
Total	7.8	6.3	10.6	89.4	100.0	2,426.0

(a) During the twelve months prior to interview. See glossary for service use definitions. (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (d) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 17. PERSONS: SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
QUEENSLAND**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
18-34						
Disability status(d)						
None	6.0	6.6	9.3	90.7	100.0	682.4
Mild	* 7.4	* 9.2	* 13.4	86.6	100.0	86.9
Moderate	* 17.0	* 10.4	* 18.1	81.9	100.0	73.3
Severe	**	* 40.0	* 40.0	* 60.0	* 100.0	* 11.5
Total	7.4	7.7	10.9	89.1	100.0	854.1
35-64						
Disability status(d)						
None	7.3	5.8	9.9	90.1	100.0	837.1
Mild	12.9	* 6.3	15.6	84.4	100.0	149.7
Moderate	16.5	10.9	19.7	80.3	100.0	170.3
Severe	* 17.5	* 14.9	24.8	75.2	100.0	63.8
Total	9.8	7.1	12.8	87.2	100.0	1,220.9

(a) During the twelve months prior to interview. See glossary for service use definitions. (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (d) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ). NOTE: For persons 65 and over estimates are too small to be reported separately.

NOTES

INTRODUCTION

1 This report contains selected Queensland statistics from the 1997 National Survey of Mental Health and Wellbeing of Adults (SMHWB). The survey was an initiative of, and funded by, the Mental Health Branch of the Commonwealth Department of Health and Family Services (HFS) as part of the National Mental Health Strategy. National estimates were published in *Mental Health and Wellbeing: Profile of Adults, Australia, 1997* (cat. no. 4326.0).

SURVEY CONTENT AND METHODOLOGY

2 The World Health Organisation Centre for Training and Reference for the Composite International Diagnostic Interview (CIDI), contracted by HFS, developed a computer based interview to collect survey data. Topics covered in the survey included:

- demographic and socioeconomic characteristics
- physical conditions
- selected mental disorders
- disability
- health service use
- perceived health needs.

3 The questions in the CIDI, the diagnostic component of the survey, are written to represent the criteria for a subset of mental disorders defined by the International Classification of Diseases—10th revision (ICD–10).

INTERPRETATION OF RESULTS

4 In terms of mental disorders, the CIDI is a structured interview for diagnosis of mental disorder for research purposes. Since the CIDI has no facility for subjective interpretation, it can inform a clinician's diagnosis but not replace it. Therefore estimates of mental disorder produced by the SMHWB are not equivalent to clinical diagnoses, but closely match ICD–10 criteria.

5 In terms of physical conditions, reported information was not medically verified, and was not necessarily based on diagnosis by a medical practitioner.

6 The questions used in the SMHWB to collect data on labour force status and education differ from those used in other ABS surveys. As such these data items provide an indication of an individual's status and, though not directly comparable with other ABS surveys, they are sufficient to associate with mental health status.

FURTHER INFORMATION

7 For further information about concepts and definitions, please refer to the Explanatory Notes and Technical notes from *Mental Health and Wellbeing: Profile of Adults, Australia, 1997* (cat. no. 4326.0), or forthcoming *National Survey of Mental Health and Wellbeing of Adults: Users' Guide, 1997* (cat. no. 4327.0).

8 For further information contact Tony Cheshire on Canberra (02) 6252 6415 or Liesl Mitchell on (02) 6252 7437 or 1800 060 050.

SYMBOLS

- * Relative standard error of between 25% and less than 50%
- ** Relative standard error of 50% or more
- Nil or rounded to zero
- .. Not applicable

STANDARD ERRORS

9 A table of standard errors (SEs) and relative standard errors (RSEs) is given in Table T1. These figures will not give a precise measure of the SE for a particular estimate but will provide an indication of its magnitude.

10 The smaller the estimate the higher the RSE. Very small estimates are thus subject to such high SEs (relative to the size of the estimate) as to seriously detract from their value for most reasonable uses.

T1 SE and RSE(a) of person estimates: Queensland

Size of estimate	SE	RSE % (a)
(b)1 000	890	89.5
(b)1 500	1 130	75.2
(b)2 000	1 320	66.2
(b)2 500	1 500	59.8
(b)3 000	1 650	55.0
(b)3 500	1 800	51.2
(c)4 000	1 900	48.0
(c)5 000	2 150	43.2
(c)7 000	2 550	36.6
(c)10 000	3 050	30.6
15 000	3 700	24.8
20 000	4 250	21.3
30 000	5 100	17.0
40 000	5 800	14.5
50 000	6 400	12.8
100 000	8 500	8.5
150 000	10 000	6.7
200 000	11 150	5.6
300 000	12 900	4.3
500 000	15 450	3.1
1 000 000	19 350	1.9
2 000 000	23 750	1.2
5 000 000	30 350	0.6

(a) Shows the SE for Queensland as a percentage of the estimate.

(b) Estimates with a RSE of 50% or more. These estimates are considered unreliable for most purposes.

(c) Estimates with a RSE between 25% and less than 50%. These estimates should be treated with caution.

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