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Mental Health and Wellbeing Profile of Adults Victoria

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TABLE 1. PERSONS: PREVALENCE OF DISORDERS(a)
VICTORIA

	<i>Males</i>		<i>Females</i>		<i>Persons</i>	
	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>
Physical conditions	566.5	34.1	692.2	39.9	1,258.7	37.0
Mental disorders						
Anxiety disorders —						
Panic disorder	* 9.1	* 0.5	30.1	1.7	39.2	1.2
Agoraphobia	* 10.9	* 0.7	20.1	1.2	31.0	0.9
Social phobia	41.4	2.5	42.1	2.4	83.5	2.5
Generalised anxiety disorder	43.9	2.6	64.8	3.7	108.6	3.2
Obsessive-compulsive disorder	—	—	—	—	* 5.2	* 0.2
Post-traumatic stress disorder	51.7	3.1	68.5	3.9	120.2	3.5
<i>Total anxiety disorders</i>	<i>123.6</i>	<i>7.4</i>	<i>191.3</i>	<i>11.0</i>	<i>315.0</i>	<i>9.3</i>
Affective disorders —						
Depression	49.4	3.0	106.9	6.2	156.2	4.6
Dysthymia	* 19.2	* 1.2	25.9	1.5	45.1	1.3
<i>Total affective disorders(b)</i>	<i>64.4</i>	<i>3.9</i>	<i>116.2</i>	<i>6.7</i>	<i>180.6</i>	<i>5.3</i>
Substance use disorders —						
Alcohol harmful use	73.6	4.4	26.0	1.5	99.6	2.9
Alcohol dependence	97.0	5.8	36.7	2.1	133.8	3.9
Drug use disorders(c)	38.6	2.3	* 14.4	* 0.8	53.0	1.6
<i>Total substance use disorders</i>	<i>185.0</i>	<i>11.1</i>	<i>71.2</i>	<i>4.1</i>	<i>256.2</i>	<i>7.5</i>
<i>Total mental disorders</i>	<i>290.1</i>	<i>17.4</i>	<i>298.4</i>	<i>17.2</i>	<i>588.5</i>	<i>17.3</i>
No mental disorder or physical condition	910.6	54.8	885.6	51.0	1,796.2	52.8
Total(d)	1,663.2	100.0	1,736.5	100.0	3,399.7	100.0

(a) During the twelve months prior to interview. (b) Includes other affective disorders such as mania, hypomania and bipolar affective disorder. (c) Includes harmful use and dependence. (d) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 2. PERSONS: PREVALENCE OF DISORDERS BY AGE(a)
VICTORIA**

Per cent							
	Age group (years)						Total
	18-24	25-34	35-44	45-54	55-64	65 and over	
Males							
Physical conditions	13.6	20.1	21.7	35.9	58.1	70.9	34.1
Mental disorders							
Anxiety disorders	* 6.7	9.0	11.7	7.4	* 6.6	—	7.4
Affective disorders	* 2.9	* 4.6	7.1	* 3.8	—	—	3.9
Substance use disorders	22.1	13.3	14.5	7.5	* 5.1	**1.8	11.1
<i>Total mental disorders</i>	<i>27.3</i>	<i>21.0</i>	<i>22.2</i>	<i>15.7</i>	<i>11.6</i>	<i>* 2.5</i>	<i>17.4</i>
No mental disorder or physical condition	66.8	66.3	62.1	54.9	38.4	28.4	54.8
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	233.0	355.6	347.8	291.1	197.0	238.8	1,663.2
Females							
Physical conditions	28.0	23.1	24.1	42.5	59.2	72.6	39.9
Mental disorders							
Anxiety disorders	10.8	9.8	11.4	18.2	12.9	* 4.0	11.0
Affective disorders	10.2	8.0	7.7	* 6.3	* 6.4	* 1.8	6.7
Substance use disorders	10.0	5.7	* 4.4	* 2.1	* 2.9	—	4.1
<i>Total mental disorders</i>	<i>24.5</i>	<i>17.9</i>	<i>19.6</i>	<i>20.5</i>	<i>15.6</i>	<i>* 5.8</i>	<i>17.2</i>
No mental disorder or physical condition	56.6	65.4	62.3	48.3	39.8	25.9	51.0
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	226.0	364.5	355.3	292.2	199.0	299.5	1,736.5
Persons							
Physical conditions	20.7	21.6	22.9	39.2	58.6	71.8	37.0
Mental disorders							
Anxiety disorders	8.7	9.4	11.5	12.8	9.8	* 2.4	9.3
Affective disorders	6.5	6.3	7.4	5.0	* 4.4	* 1.2	5.3
Substance use disorders	16.1	9.4	9.4	4.8	* 4.0	* 0.9	7.5
<i>Total mental disorders</i>	<i>25.9</i>	<i>19.4</i>	<i>20.9</i>	<i>18.1</i>	<i>13.6</i>	<i>4.3</i>	<i>17.3</i>
No mental disorder or physical condition	61.8	65.8	62.2	51.6	39.1	27.0	52.8
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	459.1	720.0	703.1	583.3	396.0	538.2	3,399.7

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 3. PERSONS: PREVALENCE OF DISORDERS(a) BY NUMBER OF PERSONS IN HOUSEHOLD
VICTORIA**

Per cent						
	Number of persons in household					
	1	2	3	4	5 or more	Total
Males						
Physical conditions	43.0	43.1	30.4	19.8	32.1	34.1
Mental disorders						
Anxiety disorders	11.8	6.6	7.1	6.0	8.9	7.4
Affective disorders	* 6.2	* 2.9	* 2.3	* 4.6	* 5.5	3.9
Substance use disorders	13.8	7.9	14.2	11.9	12.1	11.1
Total mental disorders	23.2	13.8	19.0	16.6	21.7	17.4
No mental disorder or physical condition	44.4	49.4	56.8	68.1	52.2	54.8
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	163.9	589.8	293.8	367.6	248.1	1,663.2
Females						
Physical conditions	59.3	48.5	28.8	27.0	31.2	39.9
Mental disorders						
Anxiety disorders	* 6.6	13.0	13.6	11.0	* 7.4	11.0
Affective disorders	* 6.1	6.4	6.9	9.1	* 4.5	6.7
Substance use disorders	* 3.9	3.9	* 3.7	* 4.8	* 4.3	4.1
Total mental disorders	13.1	17.5	21.5	18.9	12.9	17.2
No mental disorder or physical condition	34.5	44.2	57.9	60.3	62.1	51.0
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	240.0	601.1	312.5	325.7	257.1	1,736.5
Persons						
Physical conditions	52.7	45.8	29.6	23.2	31.6	37.0
Mental disorders						
Anxiety disorders	8.7	9.9	10.4	8.4	8.1	9.3
Affective disorders	6.2	4.7	4.7	6.7	5.0	5.3
Substance use disorders	7.9	5.9	8.8	8.6	8.1	7.5
Total mental disorders	17.2	15.7	20.3	17.7	17.2	17.3
No mental disorder or physical condition	38.5	46.8	57.4	64.4	57.2	52.8
Total(b)	100.0	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	403.9	1,190.9	606.3	693.3	505.3	3,399.7

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 4. PERSONS: PREVALENCE OF DISORDERS(a) BY MARITAL STATUS
VICTORIA**

Per cent					
	<i>Married(b)</i>	<i>Separated/divorced</i>	<i>Widowed</i>	<i>Never married</i>	<i>Total</i>
Males					
Physical conditions	37.8	37.7	68.9	21.2	34.1
Mental disorders					
Anxiety disorders	6.5	* 15.5	—	8.8	7.4
Affective disorders	3.7	* 7.0	—	* 3.9	3.9
Substance use disorders	7.2	* 14.2	—	21.2	11.1
<i>Total mental disorders</i>	<i>13.2</i>	<i>27.0</i>	—	<i>27.5</i>	<i>17.4</i>
No mental disorder or physical condition	54.1	43.8	* 29.6	60.5	54.8
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,114.7	89.0	30.3	429.2	1,663.2
Females					
Physical conditions	37.2	46.1	72.6	29.4	39.9
Mental disorders					
Anxiety disorders	10.3	20.7	* 5.8	11.0	11.0
Affective disorders	6.2	* 8.5	**1.3	10.0	6.7
Substance use disorders	2.6	* 6.4	—	10.1	4.1
<i>Total mental disorders</i>	<i>15.2</i>	<i>28.4</i>	<i>* 6.8</i>	<i>23.2</i>	<i>17.2</i>
No mental disorder or physical condition	55.1	39.4	25.4	55.6	51.0
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,105.5	171.3	154.3	305.3	1,736.5
Persons					
Physical conditions	37.5	43.2	72.0	24.6	37.0
Mental disorders					
Anxiety disorders	8.4	18.9	* 4.9	9.7	9.3
Affective disorders	5.0	8.0	**1.1	6.4	5.3
Substance use disorders	4.9	9.1	—	16.6	7.5
<i>Total mental disorders</i>	<i>14.2</i>	<i>27.9</i>	<i>* 5.9</i>	<i>25.7</i>	<i>17.3</i>
No mental disorder or physical condition	54.6	40.9	26.1	58.5	52.8
Total(c)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	2,220.2	260.4	184.6	734.5	3,399.7

(a) During the twelve months prior to interview. (b) Includes de facto. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 5. PERSONS: PREVALENCE OF DISORDERS(a) BY LABOUR FORCE STATUS
VICTORIA**

Per cent					
	<i>Employed</i>			<i>Not in the labour force</i>	<i>Total</i>
	<i>Full-time</i>	<i>Part-time</i>	<i>Unemployed</i>		
Males					
Physical conditions	24.0	42.0	28.6	60.1	34.1
Mental disorders					
Anxiety disorders	6.9	* 10.1	* 23.1	* 4.9	7.4
Affective disorders	2.9	* 6.0	* 13.0	* 4.0	3.9
Substance use disorders	11.7	14.4	* 19.7	6.7	11.1
<i>Total mental disorders</i>	<i>17.4</i>	<i>23.2</i>	<i>34.0</i>	<i>12.4</i>	<i>17.4</i>
No mental disorder or physical condition	63.5	43.3	55.0	34.6	54.8
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,066.9	138.3	72.9	385.2	1,663.2
Females					
Physical conditions	30.6	28.6	38.6	53.3	39.9
Mental disorders					
Anxiety disorders	11.2	11.2	* 20.7	9.9	11.0
Affective disorders	6.6	7.2	* 8.2	6.3	6.7
Substance use disorders	5.8	5.5	* 13.1	* 1.3	4.1
<i>Total mental disorders</i>	<i>18.4</i>	<i>19.2</i>	<i>* 23.5</i>	<i>14.5</i>	<i>17.2</i>
No mental disorder or physical condition	57.5	59.1	51.4	41.5	51.0
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	472.8	473.1	62.2	728.3	1,736.5
Persons					
Physical conditions	26.0	31.6	33.2	55.6	37.0
Mental disorders					
Anxiety disorders	8.3	11.0	22.0	8.2	9.3
Affective disorders	4.1	6.9	* 10.8	5.5	5.3
Substance use disorders	9.9	7.5	16.6	3.2	7.5
<i>Total mental disorders</i>	<i>17.7</i>	<i>20.1</i>	<i>29.2</i>	<i>13.8</i>	<i>17.3</i>
No mental disorder or physical condition	61.7	55.5	53.4	39.1	52.8
Total(b)	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	1,539.7	611.4	135.1	1,113.5	3,399.7

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 6. PERSONS: PREVALENCE OF DISORDERS(a) BY HIGHEST EDUCATIONAL QUALIFICATION
VICTORIA**

Per cent				
	<i>Post-school qualification</i>	<i>Completed secondary school only</i>	<i>Did not complete secondary school</i>	<i>Total(b)</i>
Males				
Physical conditions	29.6	30.1	45.9	34.1
Mental disorders				
Anxiety disorders	8.6	* 4.3	6.9	7.4
Affective disorders	4.0	* 3.6	* 3.9	3.9
Substance use disorders	9.9	15.9	10.6	11.1
<i>Total mental disorders</i>	<i>17.1</i>	<i>20.2</i>	<i>16.5</i>	<i>17.4</i>
No mental disorder or physical condition	58.5	56.2	45.9	54.8
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	926.1	247.0	474.0	1,663.2
Females				
Physical conditions	33.6	35.2	48.6	39.9
Mental disorders				
Anxiety disorders	10.4	14.9	10.2	11.0
Affective disorders	5.4	9.2	6.9	6.7
Substance use disorders	4.5	* 5.0	3.4	4.1
<i>Total mental disorders</i>	<i>15.5</i>	<i>23.2</i>	<i>16.5</i>	<i>17.2</i>
No mental disorder or physical condition	58.4	52.4	42.6	51.0
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	726.7	305.5	682.2	1,736.5
Persons				
Physical conditions	31.4	32.9	47.5	37.0
Mental disorders				
Anxiety disorders	9.4	10.2	8.9	9.3
Affective disorders	4.6	6.7	5.7	5.3
Substance use disorders	7.5	9.8	6.3	7.5
<i>Total mental disorders</i>	<i>16.4</i>	<i>21.9</i>	<i>16.5</i>	<i>17.3</i>
No mental disorder or physical condition	58.4	54.1	43.9	52.8
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	1,652.8	552.5	1,156.2	3,399.7

(a) During the twelve months prior to interview. (b) Includes persons aged 18 to 20 years who are still at school and persons whose qualifications were inadequately described. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 7. PERSONS: PREVALENCE OF DISORDERS(a) BY COUNTRY OF BIRTH(b)
VICTORIA**

Per cent				
	<i>Born outside Australia</i>			
	<i>Born in Australia</i>	<i>Main English-speaking country</i>	<i>Other country</i>	<i>Total</i>
Males				
Physical conditions	34.4	36.1	31.9	34.1
Mental disorders				
Anxiety disorders	8.0	* 6.2	* 5.9	7.4
Affective disorders	3.7	**2.8	* 4.9	3.9
Substance use disorders	13.1	* 7.9	* 4.9	11.1
<i>Total mental disorders</i>	<i>19.4</i>	<i>* 13.0</i>	<i>11.8</i>	<i>17.4</i>
No mental disorder or physical condition	52.8	57.9	60.9	54.8
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	1,205.0	147.5	310.7	1,663.2
Females				
Physical conditions	38.9	42.5	42.9	39.9
Mental disorders				
Anxiety disorders	10.6	* 8.7	14.2	11.0
Affective disorders	7.4	* 4.1	* 4.6	6.7
Substance use disorders	4.7	* 3.8	**1.5	4.1
<i>Total mental disorders</i>	<i>17.6</i>	<i>* 12.9</i>	<i>17.3</i>	<i>17.2</i>
No mental disorder or physical condition	51.6	51.5	47.8	51.0
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	1,309.3	147.5	279.6	1,736.5
Persons				
Physical conditions	36.7	39.3	37.1	37.0
Mental disorders				
Anxiety disorders	9.4	7.4	9.8	9.3
Affective disorders	5.7	* 3.5	4.7	5.3
Substance use disorders	8.7	* 5.9	3.3	7.5
<i>Total mental disorders</i>	<i>18.5</i>	<i>13.0</i>	<i>14.4</i>	<i>17.3</i>
No mental disorder or physical condition	52.2	54.7	54.7	52.8
Total(c)	100.0	100.0	100.0	100.0
Total persons ('000)	2,514.3	295.1	590.3	3,399.7

(a) During the twelve months prior to interview. (b) See glossary. (c) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total.

**TABLE 8. PERSONS: PREVALENCE OF DISORDERS(a) BY GEOGRAPHIC AREA
VICTORIA**

Per cent			
	<i>Capital city</i>	<i>Rest of state</i>	<i>Total</i>
Males			
Physical conditions	32.5	38.2	34.1
Mental disorders			
Anxiety disorders	8.0	6.0	7.4
Affective disorders	4.3	* 2.9	3.9
Substance use disorders	10.6	12.6	11.1
<i>Total mental disorders</i>	<i>17.4</i>	<i>17.6</i>	<i>17.4</i>
No mental disorder or physical condition	55.9	51.6	54.8
Total(b)	100.0	100.0	100.0
Total persons ('000)	1,210.5	452.7	1,663.2
Females			
Physical conditions	38.0	44.9	39.9
Mental disorders			
Anxiety disorders	10.8	11.5	11.0
Affective disorders	6.3	7.7	6.7
Substance use disorders	3.7	5.2	4.1
<i>Total mental disorders</i>	<i>16.5</i>	<i>19.0</i>	<i>17.2</i>
No mental disorder or physical condition	52.7	46.5	51.0
Total(b)	100.0	100.0	100.0
Total persons ('000)	1,271.7	464.8	1,736.5
Persons			
Physical conditions	35.3	41.6	37.0
Mental disorders			
Anxiety disorders	9.4	8.8	9.3
Affective disorders	5.3	5.3	5.3
Substance use disorders	7.0	8.9	7.5
<i>Total mental disorders</i>	<i>16.9</i>	<i>18.3</i>	<i>17.3</i>
No mental disorder or physical condition	54.2	49.0	52.8
Total(b)	100.0	100.0	100.0
Total persons ('000)	2,482.2	917.5	3,399.7

(a) During the twelve months prior to interview. (b) A person may have more than one mental disorder with or without a physical condition. The components when added may therefore be larger than the total .

TABLE 9. PERSONS: COMORBIDITY OF DISORDERS(a)
VICTORIA

	<i>Males</i>		<i>Females</i>		<i>Persons</i>	
	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>	<i>'000</i>	<i>%</i>
Physical conditions only	462.5	27.8	552.5	31.8	1,015.0	29.9
Mental disorders only—						
Anxiety and/or affective only	65.8	4.0	124.3	7.2	190.1	5.6
Substance use only	94.3	5.7	20.6	1.2	114.9	3.4
Substance use with anxiety and/or affective	25.9	1.6	* 13.9	* 0.8	39.8	1.2
<i>Total mental disorders only</i>	<i>186.1</i>	<i>11.2</i>	<i>158.7</i>	<i>9.1</i>	<i>344.8</i>	<i>10.1</i>
Mental disorders and physical conditions—						
Anxiety and/or affective only with physical	39.4	2.4	102.9	5.9	142.2	4.2
Substance use only with physical	50.5	3.0	20.5	1.2	71.0	2.1
Substance use with anxiety and/or affective and physical	* 14.2	* 0.9	* 16.3	* 0.9	30.5	0.9
<i>Total mental disorders and physical conditions</i>	<i>104.1</i>	<i>6.3</i>	<i>139.7</i>	<i>8.0</i>	<i>243.7</i>	<i>7.2</i>
<i>Total mental disorders</i>	<i>290.1</i>	<i>17.4</i>	<i>298.4</i>	<i>17.2</i>	<i>588.5</i>	<i>17.3</i>
<i>Total mental disorders or physical conditions</i>	<i>752.6</i>	<i>45.2</i>	<i>850.9</i>	<i>49.0</i>	<i>1,603.5</i>	<i>47.2</i>
No mental disorder or physical condition	910.6	54.8	885.6	51.0	1,796.2	52.8
Total	1,663.2	100.0	1,736.5	100.0	3,399.7	100.0

(a) During the twelve months prior to interview.

**TABLE 10. PERSONS: COMORBIDITY OF DISORDERS(a) BY AGE
VICTORIA**

Per cent					
	Age group (years)				
	18-24	18-34	35-54	55 and over	Total
Males					
Physical conditions only	* 5.9	10.0	21.9	60.4	27.8
Mental disorders only—					
Anxiety and/or affective only	* 3.4	4.3	5.8	—	4.0
Substance use only	13.1	9.1	5.6	* 1.1	5.7
Substance use with anxiety and/or affective	* 3.2	* 2.6	* 1.6	—	1.6
<i>Total mental disorders only</i>	<i>19.6</i>	<i>16.0</i>	<i>13.0</i>	<i>* 2.0</i>	<i>11.2</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	—	* 2.4	* 2.2	* 2.5	2.4
Substance use only with physical	* 5.8	4.4	* 2.4	* 2.1	3.0
Substance use with anxiety and/or affective and physical	—	—	* 1.6	—	* 0.9
<i>Total mental disorders and physical conditions</i>	<i>* 7.7</i>	<i>7.5</i>	<i>6.2</i>	<i>4.7</i>	<i>6.3</i>
<i>Total mental disorders</i>	<i>27.3</i>	<i>23.5</i>	<i>19.3</i>	<i>6.6</i>	<i>17.4</i>
<i>Total mental disorders or physical conditions</i>	<i>33.2</i>	<i>33.5</i>	<i>41.2</i>	<i>67.0</i>	<i>45.2</i>
No mental disorder or physical condition	66.8	66.5	58.8	33.0	54.8
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	233.0	588.6	638.8	435.8	1,663.2
Females					
Physical conditions only	18.9	17.5	24.0	58.9	31.8
Mental disorders only—					
Anxiety and/or affective only	11.8	9.8	9.5	* 1.0	7.2
Substance use only	* 2.8	* 2.1	* 1.3	—	1.2
Substance use with anxiety and/or affective	—	* 1.1	* 0.9	—	* 0.8
<i>Total mental disorders only</i>	<i>15.4</i>	<i>13.0</i>	<i>11.6</i>	<i>* 1.4</i>	<i>9.1</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	* 2.7	3.3	7.2	7.4	5.9
Substance use only with physical	* 4.0	* 2.3	* 0.7	—	1.2
Substance use with anxiety and/or affective and physical	* 2.3	* 1.8	**0.5	—	* 0.9
<i>Total mental disorders and physical conditions</i>	<i>9.1</i>	<i>7.4</i>	<i>8.4</i>	<i>8.3</i>	<i>8.0</i>
<i>Total mental disorders</i>	<i>24.5</i>	<i>20.4</i>	<i>20.0</i>	<i>9.7</i>	<i>17.2</i>
<i>Total mental disorders or physical conditions</i>	<i>43.4</i>	<i>37.9</i>	<i>44.0</i>	<i>68.6</i>	<i>49.0</i>
No mental disorder or physical condition	56.6	62.1	56.0	31.4	51.0
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	226.0	590.5	647.5	498.5	1,736.5

TABLE 10. PERSONS: COMORBIDITY OF DISORDERS(a) BY AGE
VICTORIA—continued

Per cent					
	Age group (years)				
	18-24	18-34	35-54	55 and over	Total
Persons					
Physical conditions only	12.3	13.8	23.0	59.6	29.9
Mental disorders only—					
Anxiety and/or affective only	7.5	7.1	7.6	* 0.9	5.6
Substance use only	8.0	5.6	3.4	* 0.5	3.4
Substance use with anxiety and/or affective	* 2.0	1.9	* 1.3	—	1.2
<i>Total mental disorders only</i>	<i>17.5</i>	<i>14.5</i>	<i>12.3</i>	<i>* 1.6</i>	<i>10.1</i>
Mental disorders and physical conditions—					
Anxiety and/or affective only with physical	* 2.3	2.9	4.7	5.1	4.2
Substance use only with physical	5.0	3.3	1.5	* 1.2	2.1
Substance use with anxiety and/or affective and physical	* 1.2	* 1.2	* 1.1	—	0.9
<i>Total mental disorders and physical conditions</i>	<i>8.4</i>	<i>7.4</i>	<i>7.3</i>	<i>6.6</i>	<i>7.2</i>
<i>Total mental disorders</i>	<i>25.9</i>	<i>21.9</i>	<i>19.6</i>	<i>8.3</i>	<i>17.3</i>
<i>Total mental disorders or physical conditions</i>	<i>38.2</i>	<i>35.7</i>	<i>42.6</i>	<i>67.9</i>	<i>47.2</i>
No mental disorder or physical condition	61.8	64.3	57.4	32.1	52.8
Total	100.0	100.0	100.0	100.0	100.0
Total persons ('000)	459.1	1,179.1	1,286.3	934.3	3,399.7

(a) During the twelve months prior to interview.

**TABLE 11. AVERAGE DAYS OUT OF ROLE^(a) BY COMORBIDITY OF DISORDERS^(b)
VICTORIA**

	<i>Males</i>	<i>Females</i>	<i>Persons</i>
Physical conditions only	1.8	2.5	2.2
Mental disorders only—			
Anxiety and/or affective only	2.2	3.4	3.0
Substance use only	1.0	0.1	0.8
Substance use with anxiety and/or affective	1.9	* 4.8	2.9
<i>Total mental disorders only</i>	<i>1.5</i>	<i>3.1</i>	<i>2.3</i>
Mental disorders and physical conditions—			
Anxiety and/or affective only with physical	4.4	4.5	4.4
Substance use only with physical	1.9	3.0	2.2
Substance use with anxiety and/or affective and physical	* 3.1	* 2.3	2.7
<i>Total mental disorders and physical conditions</i>	<i>3.0</i>	<i>4.0</i>	<i>3.6</i>
<i>Total mental disorders</i>	<i>2.1</i>	<i>3.5</i>	<i>2.8</i>
<i>Total mental disorders or physical conditions</i>	<i>1.9</i>	<i>2.9</i>	<i>2.4</i>
No mental disorder or physical condition	0.9	1.1	1.0
Total	1.4	2.0	1.7

(a) During the four weeks prior to interview. See glossary. (b) During the twelve months prior to interview.

**TABLE 12. PERSONS: COMORBIDITY OF DISORDERS(a) BY DISABILITY STATUS(b)
VICTORIA**

Per cent						
	Disability status					Total persons ('000)
	None	Mild	Moderate	Severe	Total	
Males						
Physical conditions only	51.0	13.5	23.7	11.8	100.0	462.5
Mental disorders—						
Total mental disorders only	72.6	13.8	* 9.5	* 4.1	100.0	186.1
Total mental disorders and physical conditions	42.6	21.7	21.3	* 14.5	100.0	104.1
Anxiety and/or affective disorders	55.4	18.4	14.4	* 11.8	100.0	145.3
Substance use disorders	64.8	16.7	13.3	* 5.3	100.0	185.0
Total mental disorders	61.8	16.6	13.7	7.8	100.0	290.1
Total mental disorders or physical conditions	55.2	14.7	19.8	10.3	100.0	752.6
No mental disorder or physical condition	85.6	7.0	5.7	* 1.6	100.0	910.6
Total	71.8	10.5	12.1	5.6	100.0	1,663.2
Females						
Physical conditions only	44.5	16.1	28.2	11.3	100.0	552.5
Mental disorders—						
Total mental disorders only	70.5	* 11.9	12.4	* 5.2	100.0	158.7
Total mental disorders and physical conditions	28.0	17.4	34.2	20.3	100.0	139.7
Anxiety and/or affective disorders	47.2	14.4	24.6	13.8	100.0	257.3
Substance use disorders	48.4	* 22.3	* 23.2	**6.0	100.0	71.2
Total mental disorders	50.6	14.5	22.6	12.3	100.0	298.4
Total mental disorders or physical conditions	46.6	15.5	26.3	11.6	100.0	850.9
No mental disorder or physical condition	80.3	10.9	6.4	2.5	100.0	885.6
Total	63.8	13.1	16.1	6.9	100.0	1,736.5
Persons						
Physical conditions only	47.4	14.9	26.2	11.5	100.0	1,015.0
Mental disorders—						
Total mental disorders only	71.6	12.9	10.8	* 4.6	100.0	344.8
Total mental disorders and physical conditions	34.2	19.2	28.7	17.8	100.0	243.7
Anxiety and/or affective disorders	50.2	15.9	20.9	13.0	100.0	402.6
Substance use disorders	60.2	18.2	16.1	* 5.5	100.0	256.2
Total mental disorders	56.1	15.6	18.2	10.1	100.0	588.5
Total mental disorders or physical conditions	50.6	15.1	23.2	11.0	100.0	1,603.5
No mental disorder or physical condition	83.0	8.9	6.1	2.1	100.0	1,796.2
Total	67.7	11.9	14.2	6.3	100.0	3,399.7

(a) During the twelve months prior to interview. (b) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 13. PERSONS: COMORBIDITY OF DISORDERS BY SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
VICTORIA**

Per cent						
Health services used					Total	Total persons ('000)
GP	Other Health Professional(b)	Total who used health services (c)	Total who did not use health services			
Males						
Physical conditions only	* 3.4	* 2.4	4.5	95.5	100.0	462.5
Mental disorders—						
Total mental disorders only	22.0	20.3	33.5	66.5	100.0	186.1
Total mental disorders and physical conditions	21.9	* 16.1	28.5	71.5	100.0	104.1
Anxiety and/or affective disorders	31.3	29.5	46.5	53.5	100.0	145.3
Substance use disorders	20.5	17.0	28.8	71.2	100.0	185.0
Total mental disorders	21.9	18.7	31.7	68.3	100.0	290.1
Total mental disorders or physical conditions	10.6	8.7	15.0	85.0	100.0	752.6
No mental disorder or physical condition	* 2.0	* 1.5	3.2	96.8	100.0	910.6
Total	5.9	4.7	8.5	91.5	100.0	1,663.2
Females						
Physical conditions only	6.4	4.0	8.1	91.9	100.0	552.5
Mental disorders—						
Total mental disorders only	35.2	30.0	47.3	52.7	100.0	158.7
Total mental disorders and physical conditions	39.0	28.2	48.0	52.0	100.0	139.7
Anxiety and/or affective disorders	39.5	30.3	50.0	50.0	100.0	257.3
Substance use disorders	28.4	* 25.2	41.7	58.3	100.0	71.2
Total mental disorders	37.0	29.2	47.6	52.4	100.0	298.4
Total mental disorders or physical conditions	17.1	12.8	22.0	78.0	100.0	850.9
No mental disorder or physical condition	3.6	4.4	6.9	93.1	100.0	885.6
Total	10.2	8.5	14.3	85.7	100.0	1,736.5
Persons						
Physical conditions only	5.0	3.2	6.5	93.5	100.0	1,015.0
Mental disorders—						
Total mental disorders only	28.0	24.7	39.8	60.2	100.0	344.8
Total mental disorders and physical conditions	31.7	23.0	39.7	60.3	100.0	243.7
Anxiety and/or affective disorders	36.5	30.0	48.7	51.3	100.0	402.6
Substance use disorders	22.7	19.2	32.4	67.6	100.0	256.2
Total mental disorders	29.6	24.0	39.8	60.2	100.0	588.5
Total mental disorders or physical conditions	14.0	10.9	18.7	81.3	100.0	1,603.5
No mental disorder or physical condition	2.8	2.9	5.0	95.0	100.0	1,796.2
Total	8.1	6.7	11.5	88.5	100.0	3,399.7

(a) During the twelve months prior to interview. See glossary for service use definitions (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions.

TABLE 14. PERSONS: COMORBIDITY OF DISORDERS BY SERVICES USED FOR MENTAL HEALTH PROBLEMS(a) BY AGE VICTORIA

Per cent						
	Health services used					
	GP	Other Health Professional(b)	Total who used health services (c)	Total who did not use health services	Total	Total persons ('000)
18-34						
Physical conditions only	* 6.6	* 6.0	* 9.0	91.0	100.0	162.5
Mental disorders—						
Total mental disorders only	17.9	24.0	32.7	67.3	100.0	171.0
Total mental disorders and physical conditions	* 21.7	28.4	38.2	61.8	100.0	87.8
Anxiety and/or affective disorders	23.2	31.1	42.0	58.0	100.0	153.5
Substance use disorders	* 13.3	23.6	30.1	69.9	100.0	141.8
Total mental disorders	19.2	25.5	34.6	65.4	100.0	258.8
Total mental disorders or physical conditions	14.3	18.0	24.7	75.3	100.0	421.3
No mental disorder or physical condition	3.3	2.9	5.3	94.7	100.0	757.8
Total	7.2	8.3	12.2	87.8	100.0	1,179.1
35-64						
Physical conditions only	5.0	* 2.7	6.2	93.8	100.0	482.8
Mental disorders—						
Total mental disorders only	36.7	25.6	45.8	54.2	100.0	167.5
Total mental disorders and physical conditions	37.8	22.4	41.3	58.7	100.0	139.0
Anxiety and/or affective disorders	43.9	31.2	52.7	47.3	100.0	230.0
Substance use disorders	35.2	* 13.9	36.2	63.8	100.0	109.5
Total mental disorders	37.2	24.2	43.8	56.2	100.0	306.5
Total mental disorders or physical conditions	17.5	11.1	20.8	79.2	100.0	789.3
No mental disorder or physical condition	2.5	3.3	5.3	94.7	100.0	893.1
Total	9.5	6.9	12.5	87.5	100.0	1,682.4

(a) During the twelve months prior to interview. See glossary for service use definitions (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. NOTE: For persons 65 and over estimates are too small to be reported separately.

**TABLE 15. PERSONS WITH A MENTAL DISORDER(a): SERVICES USED FOR MENTAL HEALTH PROBLEMS(b)
VICTORIA**

Per cent						
Health services used						Total persons (‘000)
GP	Other Health Professional(c)	Total who used health services (d)	Total who did not use health services	Total		
Males						
Disability status(e)						
None	16.5	15.0	26.0	74.0	100.0	179.3
Mild	* 23.1	* 24.3	43.5	56.5	100.0	48.3
Moderate	* 38.5	* 22.2	* 40.4	59.6	100.0	39.7
Severe	* 33.1	* 30.1	* 36.5	* 63.5	100.0	22.8
Total	21.9	18.7	31.7	68.3	100.0	290.1
Females						
Disability status(e)						
None	30.6	25.8	41.8	58.2	100.0	151.1
Mild	* 34.8	* 24.5	* 43.8	56.2	100.0	43.2
Moderate	47.5	31.9	55.4	44.6	100.0	67.5
Severe	* 46.4	* 43.6	61.7	* 38.3	100.0	36.6
Total	37.0	29.2	47.6	52.4	100.0	298.4
Persons						
Disability status(e)						
None	22.9	19.9	33.2	66.8	100.0	330.4
Mild	28.6	24.4	43.6	56.4	100.0	91.5
Moderate	44.2	28.3	49.8	50.2	100.0	107.2
Severe	41.3	38.4	52.0	48.0	100.0	59.4
Total	29.6	24.0	39.8	60.2	100.0	588.5

(a) Persons who meet criteria for a diagnosis of a mental disorder from the CIDI. See Paragraphs 12- 16 of the Explanatory Notes. (b) During the twelve months prior to interview. See glossary for service use definitions. (c) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (d) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (e) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 16. PERSONS: SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
VICTORIA**

Per cent						
Health services used						Total persons ('000)
GP	Other Health Professional(b)	Total who used health services (c)	Total who did not use health services	Total		
Males						
Disability status(d)						
None	4.2	3.4	6.5	93.5	100.0	1,194.5
Mild	* 7.4	* 7.6	13.9	86.1	100.0	174.7
Moderate	12.6	* 7.5	13.8	86.2	100.0	201.5
Severe	* 10.0	* 10.1	* 13.5	86.5	100.0	92.6
Total	5.9	4.7	8.5	91.5	100.0	1,663.2
Females						
Disability status(d)						
None	7.4	6.1	10.8	89.2	100.0	1,107.7
Mild	9.2	* 8.0	13.4	86.6	100.0	228.2
Moderate	17.7	13.5	22.6	77.4	100.0	280.0
Severe	20.5	19.5	28.4	71.6	100.0	120.6
Total	10.2	8.5	14.3	85.7	100.0	1,736.5
Persons						
Disability status(d)						
None	5.7	4.7	8.6	91.4	100.0	2,302.2
Mild	8.4	7.8	13.6	86.4	100.0	402.9
Moderate	15.6	11.0	18.9	81.1	100.0	481.4
Severe	16.0	15.4	22.0	78.0	100.0	213.2
Total	8.1	6.7	11.5	88.5	100.0	3,399.7

(a) During the twelve months prior to interview. See glossary for service use definitions. (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (d) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ).

**TABLE 17. PERSONS: SERVICES USED FOR MENTAL HEALTH PROBLEMS(a)
VICTORIA**

Per cent						
<i>Health services used</i>						
	<i>GP</i>	<i>Other Health Professional(b)</i>	<i>Total who used health services (c)</i>	<i>Total who did not use health services</i>	<i>Total</i>	<i>Total persons ('000)</i>
18-34						
Disability status(d)						
None	6.0	5.9	9.5	90.5	100.0	953.4
Mild	* 9.1	20.8	24.4	75.6	100.0	97.1
Moderate	* 15.9	* 11.6	19.6	80.4	100.0	103.8
Severe	—	* 37.2	* 37.2	* 62.8	100.0	24.8
Total	7.2	8.3	12.2	87.8	100.0	1,179.1
35-64						
Disability status(d)						
None	5.9	4.2	8.4	91.6	100.0	1,113.7
Mild	9.0	* 5.1	11.7	88.3	100.0	223.1
Moderate	21.4	16.2	26.3	73.7	100.0	233.9
Severe	22.0	18.5	26.4	73.6	100.0	111.6
Total	9.5	6.9	12.5	87.5	100.0	1,682.4

(a) During the twelve months prior to interview. See glossary for service use definitions. (b) Includes psychiatrist, psychologist, social worker, welfare officer, drug and alcohol counsellor, other counsellor, mental health team, medical specialist, nurse, chemist, ambulance officer, and other health professional. (c) A person may have used more than one service. The components when added may therefore not add to the total shown. Also includes hospital admissions. (d) During the four weeks prior to interview, according to the Brief Disability Questionnaire(BDQ). NOTE: For persons 65 and over estimates are too small to be reported separately.

NOTES

INTRODUCTION

1 This report contains preliminary selected Victorian statistics from the 1997 National Survey of Mental Health and Wellbeing of Adults (SMHWB). The survey was an initiative of, and funded by, the Mental Health Branch of the Commonwealth Department of Health and Family Services (HFS) as part of the National Mental Health Strategy. National estimates were published in *Mental Health and Wellbeing: Profile of Adults, Australia, 1997* (cat. no. 4326.0). Further information about the survey is contained in the forthcoming *National Survey of Mental Health and Wellbeing of Adults: Users' Guide, 1997* (cat. no. 4327.0).

SURVEY CONTENT AND METHODOLOGY

2 The World Health Organisation Centre for Training and Reference for the Composite International Diagnostic Interview (CIDI), contracted by HFS, developed a computer based interview to collect survey data. Topics covered in the survey included:

- demographic and socioeconomic characteristics
- physical conditions
- selected mental disorders
- disability
- health service use
- perceived health needs.

3 The questions in the CIDI, the diagnostic component of the survey, are written to represent the criteria for a subset of mental disorders defined by the International Classification of Diseases—10th revision (ICD–10).

INTERPRETATION OF RESULTS

4 In terms of mental disorders, the CIDI is a structured interview for diagnosis of mental disorder for research purposes. Since the CIDI has no facility for subjective interpretation, it can inform a clinician's diagnosis but not replace it. Therefore estimates of mental disorder produced by the SMHWB are not equivalent to clinical diagnoses, but closely match ICD–10 criteria.

5 In terms of physical conditions, reported information was not medically verified, and was not necessarily based on diagnosis by a medical practitioner.

6 The questions used in the SMHWB to collect data on labour force status and education differ from those used in other ABS surveys. As such these data items provide an indication of an individual's status and, though not directly comparable with other ABS surveys, they are sufficient to associate with mental health status.

FURTHER INFORMATION

7 For further information about concepts and definitions, please refer to the Explanatory Notes and Technical notes from *Mental Health and Wellbeing: Profile of Adults, Australia, 1997* (cat. no. 4326.0), or forthcoming *National Survey of Mental Health and Wellbeing of Adults: Users' Guide, 1997* (cat. no. 4327.0).

8 For further information contact Tony Cheshire on Canberra (02) 6252 6415 or Liesl Mitchell on (02) 6252 7437 or 1800 060 050.

SYMBOLS

- * Relative standard error of between 25% and less than 50%
- ** Relative standard error of 50% or more
- Nil or rounded to zero
- .. Not applicable

STANDARD ERRORS

9 A table of standard errors (SEs) and relative standard errors (RSEs) is given in Table T1. These figures will not give a precise measure of the SE for a particular estimate but will provide an indication of its magnitude.

10 The smaller the estimate the higher the RSE. Very small estimates are thus subject to such high SEs (relative to the size of the estimate) as to seriously detract from their value for most reasonable uses.

T1 SE and RSE(a) of person estimates: Victoria

<i>Size of estimate</i>	<i>SE</i>	<i>RSE % (a)</i>
(b)500	500	101.0
(b)700	650	92.6
(b)1 000	840	83.7
(b)1 500	1 110	73.7
(b)2 000	1 340	66.9
(b)2 500	1 550	61.7
(b)3 000	1 750	57.7
(b)3 500	1 900	54.4
(b)4 000	2 050	51.6
(c)5 000	2 350	47.0
(c)7 000	2 850	40.7
(c)10 000	3 450	34.6
(c)15 000	4 250	28.4
20 000	4 900	24.5
30 000	5 900	19.7
40 000	6 700	16.8
50 000	7 350	14.7
100 000	9 600	9.6
150 000	11 000	7.3
200 000	12 050	6.0
300 000	13 550	4.5
500 000	15 450	3.1
1 000 000	17 850	1.8
2 000 000	19 900	1.0
5 000 000	21 750	0.4

(a) Shows the SE for Victoria as a percentage of the estimate.

(b) Estimates with a RSE of 50% or more. These estimates are considered unreliable for most purposes.

(c) Estimates with a RSE between 25% and less than 50%. These estimates should be treated with caution.

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